



The Toronto Institute for Contemporary Psychoanalysis
presents

Playing and Becoming in Psychoanalysis Dr. Steven Cooper, Ph.D.

Saturday, March 6, 2021

A Virtual Zoom Conference Event

10:00 a.m. – 3:00 p.m.

About The Day

Morning Session:

The Limit of Intimacy and the Intimacy of Limit:

The Emergence of Play in Relation to the Analyst and to Internal Objects.

The refractoriness of the bad object (Fairbairn, 1943;1958) has remained a durable clinical problem and to some extent under-theorized among psychoanalysts. Through an extended clinical example, this paper examines how the experience of limit is part of an undercurrent within the object relation between patient and analyst, that, in turn, sometimes gives rise to a shift in the patient's relationship to an unsatisfying internal object relation.

Afternoon Session:

The Play of Mourning

In the density of psychic regression and progression, psychoanalytic play is able to help patients move toward grieving internal objects. Play occurs at a moment of dawning awareness of transference-countertransference enactment within both patient and analyst. Often these moments especially involve the analyst's new awareness of his or her own resistance to understanding transference-countertransference enactments. Through a series of brief clinical vignettes and analysis of a poem by Elizabeth Bishop, the author examines how patient and analyst become better able to acquire an "internal environment" (Winnicott, 1954), one in which they try to face the profound disappointment of grieving these objects.



Learning Objectives

1. To broaden the participant's thinking about how the concept of limit related to elements of play in the analytic situation;
2. To help develop the participant's ability to consider play in the context of transference-countertransference engagement;
3. To facilitate the participant's ability to conceptualize how play facilitates the mourning process in psychoanalytic process.

Schedule of the Day

- 10:00 a.m. Introduction
10:10 a.m. **Morning Session:**
The Limit of Intimacy and the Intimacy of Limit
11:00 a.m. Audience Discussion
12:00 – 1:00: Lunch
1:00 p.m. **Afternoon Session:**
The Play of Mourning
2:00 p.m. Audience Discussion
3:00 p.m. Closing remarks

ABOUT THE SPEAKER

Steven Cooper, Ph.D., has written on a range of topics including concepts such as the psychic future, evolving conceptualizations of defense, mutual forms of containment in the therapeutic situation, and how to understand the depressive position within both the patient and analyst. He has often explored object relations concepts and theory from the point of view of the analyst's participation. Most recently, he has explored play in the analytic situation, examining in particular how limit is constitutive of play and how play and mourning are linked in paradoxical elements of psychoanalysis. Steven is a Training and Supervising Analyst, Boston Psychoanalytic Society and Institute; Clinical Associate Professor of Psychiatry, Harvard Medical School, and Chief Editor Emeritus, Psychoanalytic Dialogues. He is the author of four books. His newest book, *Playing and Becoming in Psychoanalysis* will be published by Routledge in 2021.

Judi B. Kobrick, Ph.D. is President, supervising analyst, faculty and founding member of the Toronto Institute for Contemporary Psychoanalysis (TICP), faculty at Toronto Psychoanalytic Institute & Society (TPS&I) and is in private practice.

Planning Committee

Dr. Judi B. Kobrick	Dr. Hazel Ipp	Dr. Hilary Offman
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Dr. Gordon Yanchyshyn		

ACCREDITATION

This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the **Canadian Psychiatric Association (CPA)**. The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone.

ABOUT THE TICP

The Toronto Institute for Contemporary Psychoanalysis offers a four-year program of professional and scholarly education that examines, contrasts and where possible, integrates the thoughts and methods of major perspectives in contemporary psychoanalysis. The TICP brings outstanding investigators from around the world to present their work to professionals and scholars interested in expanding their knowledge of psychoanalysis.

SAVE THE DATE: FUTURE TICP EVENTS

Extension Program "Freud": March – May 2021

Dr. Jeanne Wolff-Bernstein: May 16, 2021

REGISTRATION

Registration is limited. All cheques must be made payable to TICP. Cancellation must be made in writing; if received prior to **February 19, 2021** a full refund less \$25 will be given. There are no refunds after that date.

Name _____

Address _____

City _____

Province _____

Postal _____

Telephone _____

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Professional Affiliation (Please indicate if MD)

FEES

Earlybird Registration Deadline is **February 19, 2021**

TSCP Member: \$100 / \$115

Regular: \$125 / \$140

Student: \$75 / \$90

ONLINE REGISTRATION AT:

www.ticp.on.ca

QUESTIONS?

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To register by mail please send this form to:

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