

# Ontario's Mental Health Workforce Training requirements

DELIVERING MENTAL HEALTH SERVICES: ONTARIO PROFESSIONAL COMPARAISON CHART							
	PSYCHOLOGIST	PSYCHIATRIST	FAMILY PHYSICIAN	NURSE PRACTITIONER	SOCIAL WORKER	REGISTERED PSYCHOTHERAPIST	OCCUPATIONAL THERAPIST
<b>REGULATORY BODY</b>	College of Psychologists of Ontario	College of Physicians and Surgeons of Ontario	College of Physicians and Surgeons of Ontario	College of Nurses of Ontario	Ontario College of Social Workers and Social Service Workers	College of Registered Psychotherapists of Ontario	College of Occupational Therapists of Ontario (COTO)
<b>DEGREE NEEDED</b>	Doctorate (Ph.D., Psy.D.). Psychological Associates (MA)	MD - Doctor of Medicine	MD - Doctor of Medicine	Masters - Primary Health Care Nurse Practitioner	Bachelors in Social Work or Masters degree in Social Work	Master degree or Demonstrated competency.	Masters degree in Occupational Therapy
<b>TIME TO COMPLETE DEGREES</b>	4 year (BA or B.Sc.). 5-7 years (MA & Ph.D.)	4 year B.Sc. (pre-med). 3-4 years of medical school	4 year B.Sc. (pre-med). 3-4 years of medical school	4 year B.Sc (Nursing). 2 year M.Sc.	4 year BSW (Social Work) 1 year MSW or 2 Year MSW with additional praticums.	4 years BA or BSc 2 year MA (or equivalent)	4 year BA or BSc. 2 year MSc.
<b>PRACTICA, INTERSHIPS, RESIDENCIES</b>	4 years (pre-doctoral practica, residency) & 1 year post-doctoral supervised practice	5 year residency program	2 year residency	Minimum 2 year of clinical practice as RN. 728-800 of practice hours	6 weeks to 3 months in duration	750 hours completed within 3 years. Includes a wide range of activities from direct clinical treatment, supervision hours, professional development.	1,000 hours of supervised fieldwork or clinical practicum (observation and experience)
<b>WORKFORCE (2018)</b>	3,808	1,962	14,747	3,632	18,883	3,871	6,011
<b>PER CAPITA ESTIMATES</b>	26 : 100,000	14 : 100,000	103 : 100,000	25 : 100,000	131 : 100,000	27 : 100,000	42 : 100,000
<b>CONTROLLED ACT OF PSYCHOTHERAPY</b>	YES	YES	YES	YES	YES	YES	YES
<b>ADDITIONAL INFORMATION ON PSYCHOTHERAPY</b>	Counselling, clinical or rehabilitation psychologists. Training includes Psychotherapy which is integrated into the clinical streams – theory is provided throughout the course curriculum – practicums, residency and supervised practice all involve therapy.	General psychiatry requires a minimum 8 months of training in empirically supported psychotherapy. Psychiatrists may practice psychotherapy only, or integrate psychotherapy with general psychiatric management including psychopharmacology	No mandatory psycholtherapy training.	No mandatory psychotherapy training	There are no specifics on standards for competency attainment in the practice of psychotherapy as a Social Worker.	Not limited to specific degrees or course work but is evaluated for its fit within a Competency Profile for Registry : Foundations, Collegial & Interprofessional Relationships; Professional Responsibilities, Therapeutic Process , Professional Literature and Applied Research	Must have adequate knowledge, training, skills, attitudes, abilities and judgement to perform this intervention safely, ethically and effectively. Can include trainings, conferences and course work.
<b>DIAGNOSIS</b>	YES	YES	YES	YES	NO	NO	NO
<b>PRESCRIBING PRIVILEGE</b>	NO	YES	YES	YES	NO	NO	NO