



WESTERN UNIVERSITY

Employment Opportunity – Mental Health Counsellor

About Us

Western University delivers an academic experience second to none. Western attracts individuals with a broad worldview, seeking to study, influence and lead in the international community. Since 1878, The Western Experience has combined academic excellence with life-long opportunities for intellectual, social and cultural growth in order to better serve our communities.

The **Student Experience Portfolio** inspires all learners to ignite extraordinary change in the world, and supports the whole learner's growth through programs, services and experiences that foster well-being, build connections and develop skills. We seek to foster equitable learning environments in which all students can thrive to their full potential.

About Us

Western is seeking two **Mental Health Counsellors** to join our Wellness and Well-being team, assisting Western students to address emotional, social, behavioural, and developmental concerns as young adults and students within the academic context. These roles, in particular, will focus on targeting existing barriers to mental health care and service by implementing responsive mental health care strategies and preventative educational programs to increase access to services for students in Indigenous and black communities respectively. Through the integration of theory and practice, and with sensitivity to individual differences and multicultural issues, these roles contribute to the well-being and safety of individual students and the campus community.

About You

Our ideal candidates will have demonstrated skills and experience in working with Black and/or Indigenous youth, with knowledge and sensitivity to the lived experiences and needs of members of these communities. You bring a strong record of assisting students with well-being concerns, and demonstrated experience promoting mental health by facilitating stress reduction, self-awareness, self-care, emotional regulation, and creative problem solving. You have proven knowledge of therapeutic practice with adolescents and young adult population, adolescent and adult personality theory, assessment scales and tools, working with trauma, crisis management, anti-violence work, individual and group psychotherapy, as well as familiarity with current research and professional literature pertaining to racial trauma and how it may impact a student's experience, both emotionally and academically. You also possess knowledge of diversity and the social determinants of health and how they affect different populations, including, but not limited to, gender, sexual identity, culture, First Nations, spirituality, and racial issues. You complement these skills with your Masters in Counselling Psychology, Psychiatry or Social Work and your membership (or eligibility) in the College of Registered Psychotherapists of Ontario, or Ontario College of Social Workers, as well as your experience working in a psychotherapeutic setting.

To learn more and to apply online, please visit: <https://recruit.uwo.ca> - job reference **#21848 (Black Student Support) and/or #21951 (Indigenous Student Support)**.

We welcome applications from racialized persons, women, Indigenous persons, persons with disabilities, ethnic minorities, and persons of varying sexual orientations and gender identities. When you join the team, you can expect to be part of an inclusive, innovative and equity-focused community that approaches higher education as a matter of social justice that requires broad collaboration among faculty, staff, students and community partners. Accommodations are available for applicants with disabilities throughout the recruitment process.

As part of the recruitment process, at time of interview, we will ask that all applicants provide us with their Diversity Statement, describing the applicant's broad perspective on their past and present contributions to diversity, equity and inclusion in their professional career.