

Expanding Access. Strengthening Care.

09-17-2025

Dear Colleagues,

On behalf of the OPA Board of Directors we are pleased to share important news for our profession: the Ontario government has announced its intent to consult on granting prescribing privileges to psychologists. This milestone reflects more than a decade of advocacy and collaboration across our community. It represents a decisive step toward improving access to care, reducing wait times, and ensuring Ontarians receive the right treatment at the right time.

If implemented, psychologists with the required training would be able to:

- Prescribe psychotropic medications when clinically appropriate
- Adjust or de-prescribe medications to ensure safe, effective care
- Collaborate more seamlessly with family physicians, nurse practitioners, and specialists such as psychiatrists
- Provide true continuity of care for individuals who need both psychotherapy and medication support

While public consultation is the next stage, today's announcement demonstrates the government's commitment to expanding the scope of practice for psychologists and

strengthening Ontario's mental health system.

We extend our deepest gratitude to all who have championed this cause — including past presidents Drs. Jane Storrie and Dr. Diana Velikonja, who began advocacy efforts 13 years ago. Your leadership and persistence over the years has brought this important mental health initiative to the attention of the Ministry of Health.

We also thank Minister Jones and her team for recognizing the vital role psychologists play in delivering timely, high-quality care. We look forward to working closely with the Ontario Government throughout the consultation process and beyond.

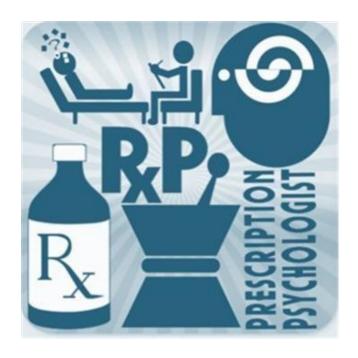
As part of this milestone, we invite you to join a special Lunch & Learn with Dr. Diana Velikonja, Chair of the RxP Committee for OPA, who will host a "What This Means" Q&A session on October 24th, 2025. We encourage you to attend and take part in this important conversation.

Together, we will continue advancing our profession and ensuring Ontarians have access to the care they need and deserve.

Sincerely,

Richard Morrison
Chief Executive Officer
Ontario Psychological Association

NEWS RELEASE



FRIDAY OCTOBER 24TH, 2025 12:00-1:00 PM

Register to hear more about the recent Provincial Government announcement and what it means for Ontario Psychologists and Psychological Associates.

Following over a decade of tenacious advocacy the Ministry of Health has opened the door to consultation for psychology to expand scope of practice to include prescribing psychotropic medications. This has many positive implications for our profession. We invite you learn about what this means for practice and education opportunities whether you chose to obtain the expanded scope.

We welcome you a lunch with Dr. Diana Velikonja, Chair of the OPA RxP committee, to learn about the milestone in expanded scope for psychologists in Ontario.

This session is only available to active OPA members.

REMINDER: You must login to OPA Communities in order to register. For assistance, please contact opa@psych.on.ca.

This webinar has been accredited by the Ontario Psychological Association for 1 CE

credit.

A copy of the recording will be made available to members 1 week post-webinar.

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