

Harness the Power of IPT with our 2 Day Virtual Training!

Dates: October 3 & 4, 2025 – 9:00 AM to 4:00 PM EST

Format: Live, Interactive Virtual Sessions with Dr. Ronald Frey & Cindy Goodman Stulberg

Investment: CAD \$525 / USD \$475 – Reserve your spot with a \$200 deposit today!

Why This IPT Training is Unmissable

- **Evidence-Based:** Interpersonal Psychotherapy (IPT) is time-limited and evidence-based. It is recommended in both American and Canadian psychiatric and psychological treatment guidelines, showing efficacy on par with Cognitive Behavioral Therapy (CBT).
- **Dynamic & Versatile Approach:** IPT is structured yet flexible, ideal for working with adults, adolescents, and older adults suffering from depression. It can be delivered in individual, couples, group, or families—and adapted effectively for dysthymia, postpartum depression, PTSD, and depression in the context of medical illness.
- **Led by IPT Leaders with Decades of Expertise:** Your instructors, Dr. Ronald Frey and Cindy Goodman Stulberg, bring nearly 60 years of combined clinical excellence. They've trained professionals across Canada, the U.S., and Europe, and their sessions receive great reviews from mental health clinicians.

What You'll Gain

- **Immersive Virtual Experience:** A live, two-day training environment designed to feel personal and engaging, wherever you are.
- **Practical Skills Workshop:** Observe demonstration videos, practice IPT techniques, and receive real-time expert feedback.
- **Continuing Education Credits:** Grow your clinical knowledge while fulfilling professional development requirements.
- **Flexible Access & Risk-Free Registration:** Secure your place with a \$200 deposit. If the session is cancelled (minimum attendee threshold not met, with notification 10 days prior), you'll receive a full refund.

Register Now

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 **Click on me to reserve your spot!**

<https://www.interpersonalpsychotherapy.com>