

# How to Navigate OPA Communities



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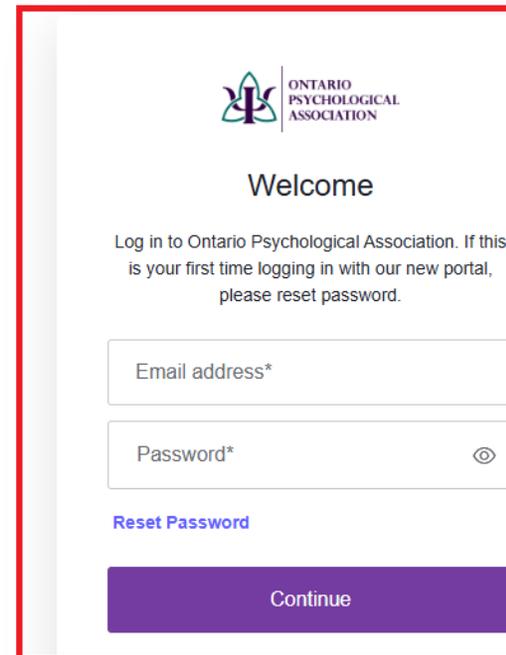
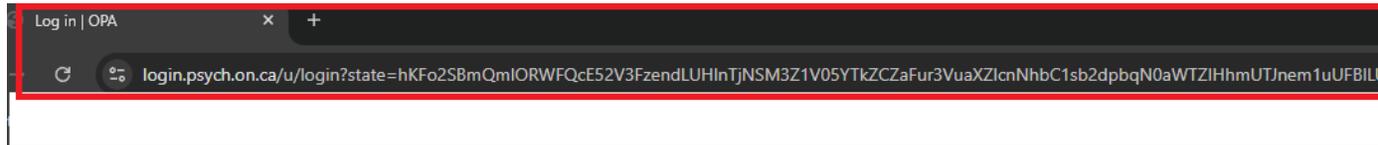
# LOGIN

Step 1: Go to the OPA website at [www.psych.on.ca](http://www.psych.on.ca) and click on LOGIN

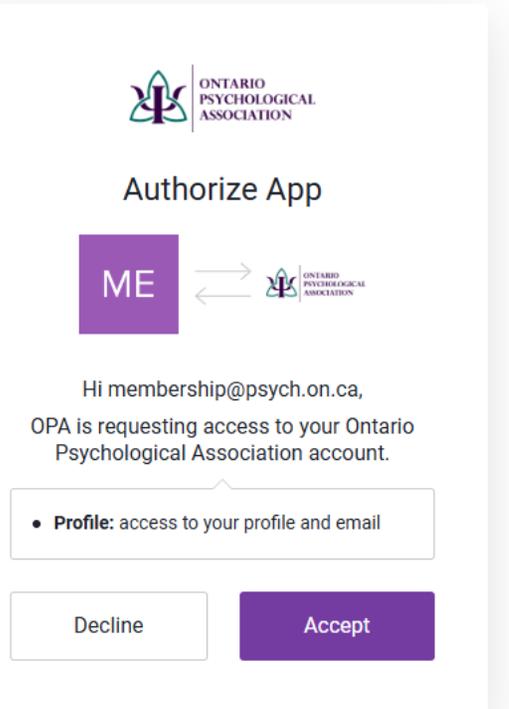
The screenshot shows the homepage of the Ontario Psychological Association (OPA) website. At the top, a browser address bar displays "psych.on.ca" with a red box around it. Below the address bar is the OPA logo and navigation links: "Join", "Contact", "Find a Psychologist", and a search bar. A purple navigation bar contains links for "About Us", "Public", "Members", "Students", "Continuing Education", "Careers", and "LOGIN", with the "LOGIN" link highlighted by a red box. The main content area features a large banner for "askforhelptoday.ca" with the text: "Dealing with a mental health challenge and not knowing where to start can be overwhelming. The Ontario Psychological Association (OPA) is making finding help easier than ever." and a "LEARN MORE" link. Below the banner are three columns: "Find A Psychologist" with a "GO TO SEARCH" link, "askforhelptoday.ca" with a "GO TO SEARCH" link, and "Join the OPA" with a "JOIN NOW" link.

## Step 2: Enter your login information

*(If this is your first time logging in, you will be prompted to reset your password. Check SPAM folder for password reset email.)*

A screenshot of the login page for the Ontario Psychological Association. At the top is the logo, which consists of a stylized 'P' and 'A' intertwined, followed by the text "ONTARIO PSYCHOLOGICAL ASSOCIATION". Below the logo is the heading "Welcome". A message reads: "Log in to Ontario Psychological Association. If this is your first time logging in with our new portal, please reset password." There are two input fields: "Email address\*" and "Password\*" (with an eye icon for toggling visibility). Below the password field is a blue link for "Reset Password". At the bottom is a purple button labeled "Continue".

**Step 3: You will need to Authorize access between the OPA website and OPA Communities.**  
**Once accepted, you will be logged in.**  
*(This will only appear if this is your first time logging in)*



## Step 4: Once logged in, click on MEMBER PORTAL

The screenshot shows the website for the Ontario Psychological Association (OPA) at psych.on.ca. The browser address bar displays the URL. The website header includes the OPA logo and navigation links: Join, Contact, Find a Psychologist, and a search bar. A purple navigation bar contains links for About Us, Public, Members, Students, Continuing Education, and Careers. The 'MEMBER PORTAL' link is highlighted with a red rectangular box. Below the navigation bar, a large article titled 'OPA Reflects on 2023: Surge in Demand for Mental Health Services Across the Province' is featured. The article text states: 'In January 2021, the Ontario Psychological Association (OPA), a leading professional organization representing psychologists, psychological associates, and students, launched a groundbreaking digital solution powered by Strata Health with the mission of enhancing access to mental health care and facilitating personalized patient-provider matches.' A 'LEARN MORE' link is provided below the article. At the bottom of the page, three buttons are visible: 'Find A Psychologist', 'askforhelptoday.ca', and 'Join the OPA'.

psych.on.ca

ONTARIO PSYCHOLOGICAL ASSOCIATION

Join Contact Find a Psychologist Search

About Us Public Members Students Continuing Education Careers **MEMBER PORTAL**

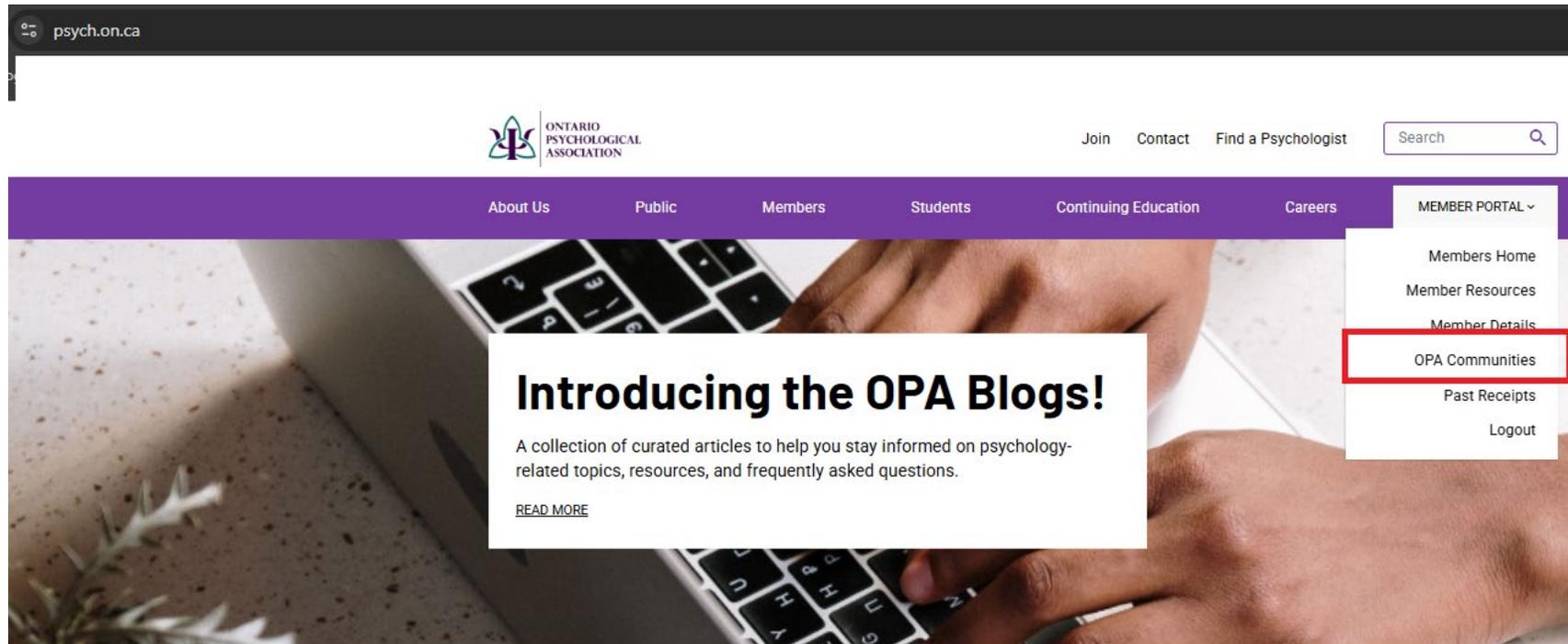
### OPA Reflects on 2023: Surge in Demand for Mental Health Services Across the Province

In January 2021, the Ontario Psychological Association (OPA), a leading professional organization representing psychologists, psychological associates, and students, launched a groundbreaking digital solution powered by Strata Health with the mission of enhancing access to mental health care and facilitating personalized patient-provider matches.

[LEARN MORE](#)

**Find A Psychologist** **askforhelptoday.ca** **Join the OPA**

## Step 5: From the MEMBER PORTAL dropdown, click on OPA COMMUNITIES



The screenshot shows the website psych.on.ca. The navigation bar includes links for About Us, Public, Members, Students, Continuing Education, and Careers. The MEMBER PORTAL dropdown menu is open, showing options: Members Home, Member Resources, Member Details, OPA Communities (highlighted with a red box), Past Receipts, and Logout. A central banner features the text "Introducing the OPA Blogs!" and a "READ MORE" link.

psych.on.ca

ONTARIO PSYCHOLOGICAL ASSOCIATION

Join Contact Find a Psychologist Search

About Us Public Members Students Continuing Education Careers MEMBER PORTAL

Members Home  
Member Resources  
Member Details  
**OPA Communities**  
Past Receipts  
Logout

**Introducing the OPA Blogs!**

A collection of curated articles to help you stay informed on psychology-related topics, resources, and frequently asked questions.

[READ MORE](#)

**Step 6: The FIRST TIME you log into OPA Communities will bring you to the Community Rules, Etiquette and Privacy Guidelines page. You will need to click “I AGREE” in order to access Communities and Events on OPA Communities.**



### Community Rules, Etiquette and Privacy Guidelines

Thank you for being part of our **OPA Communities** (*previously known as the OPA Listserv*). To ensure the best possible experience for all members established guidelines for participation. Please review these carefully.

**By joining and using the OPA Communities, you agree that you have read, understood, and will follow these rules and guidelines. You reserve discussions, shared files, and content to that best suited to the medium. This is a great platform with which to solicit the consi peers, benefit from their experience, and participate in ongoing conversations, and the guidelines outlined below help to ensure ongoi remains supportive and collegial.**

#### *Cookies*

A "cookie" is a small data text file that is placed in your browser and allows us to recognize you each time you visit this site (personalizati themselves do not contain any personal information, and we do not use cookies to collect personal information. Cookies may also be used by providers such as newsfeeds.

#### *Remember The Risks Whenever You Use The Internet*

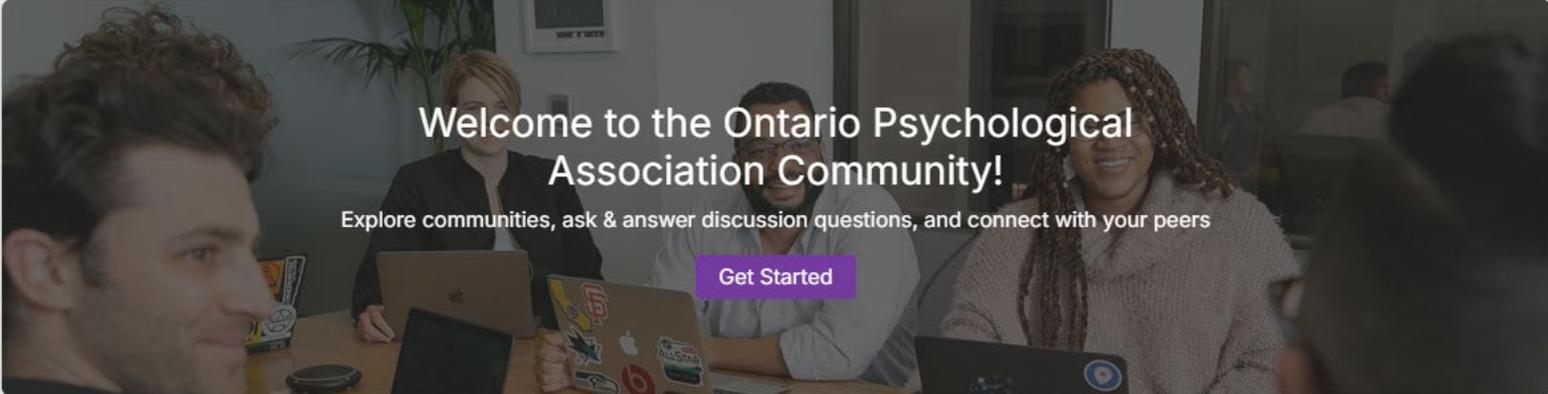
While we do our best to protect your personal information, we cannot guarantee the security of any information that you transmit to us and for maintaining the secrecy of any passwords or other account information. In addition, other Internet sites or services that may be accessed have separate data and privacy practices independent of us, and therefore we disclaim any responsibility or liability for their policies or actions. We and our vendors and others directly if you have any questions about their privacy policies. For any other information please contact us using the

I Agree

I Do Not Agree

**Step 7: Once you have clicked “I AGREE” you will now be brought to the Member Home (OPA Communities) page. Here you can find recent discussions and quick links**

Edit Featured Cards ▾



## Welcome to the Ontario Psychological Association Community!

Explore communities, ask & answer discussion questions, and connect with your peers

Get Started



**Jamie Murray**

Profile Completeness 55%

3 of 15 Achieved

369 Contributions 10569 Points

My Communities Quick List



**Richard Morrison**



**FYM: Core Tasks of Therapy - What "Expert" Therapists Do and How to Spot "Hype" in the Field of Psychotherapy**

Anita Condy in OPA Events & Updates 3 days ago

Library Entry YouTube

April 10, 2025

### Quick Links

- Psych.on.ca
- CE Accreditation
- Workshops & Events
- Update My Profile
- Member Directory

### Upcoming Events

**APR 23** FYM: What Clinicians Need to Know About Therapeutic Alliance Ruptures and Repairs

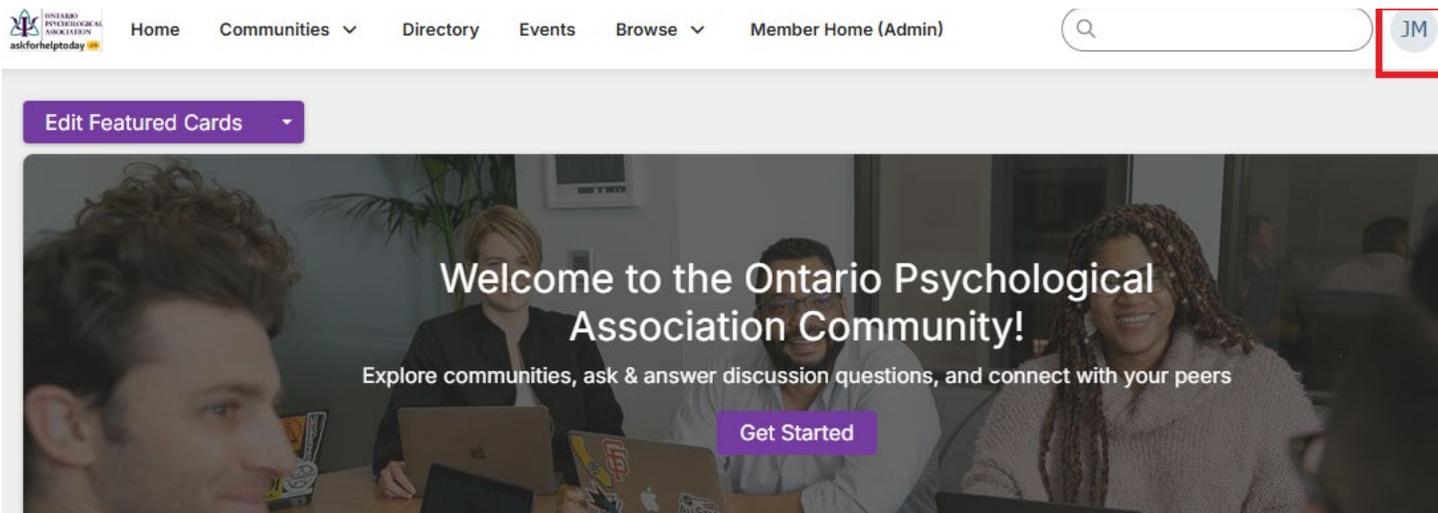
Online

## Changing your Email/Username

**Step 1: To change your OPA membership and Communities username/email address, contact us at opa@psych.on.ca and we will update it for you. Please note: It can take up to 3 hours for it to update in OPA Communities platform.**

## Complete your Profile

**Step 1: From the MEMBER HOME page, click on your initials or photo. (top right corner)**



## Step 2: From the drop-down menu, click on PROFILE

The screenshot shows the website interface for the Ontario Psychological Association Community. At the top left is the logo with the text "ONTARIO PSYCHOLOGICAL ASSOCIATION askforhelptoday". The navigation menu includes "Home", "Communities", "Directory", "Events", "Browse", and "Member Home (Admin)". A search bar and a user profile icon labeled "JM" are on the right. Below the navigation is a banner with the text "Welcome to the Ontario Psychological Association Community!" and "Explore communities, ask & answer discussion questions, and connect with...". A purple "Get Started" button is at the bottom of the banner. A purple "Edit Featured Cards" button is in the top left of the main content area. On the right, a user profile dropdown menu is open, showing the user's name "Jamie Murray" and email "jamie@psych.on.ca". The menu items are "Inbox", "Profile" (highlighted with a red box), "My Communities", "Followed Content", and "Log Out".

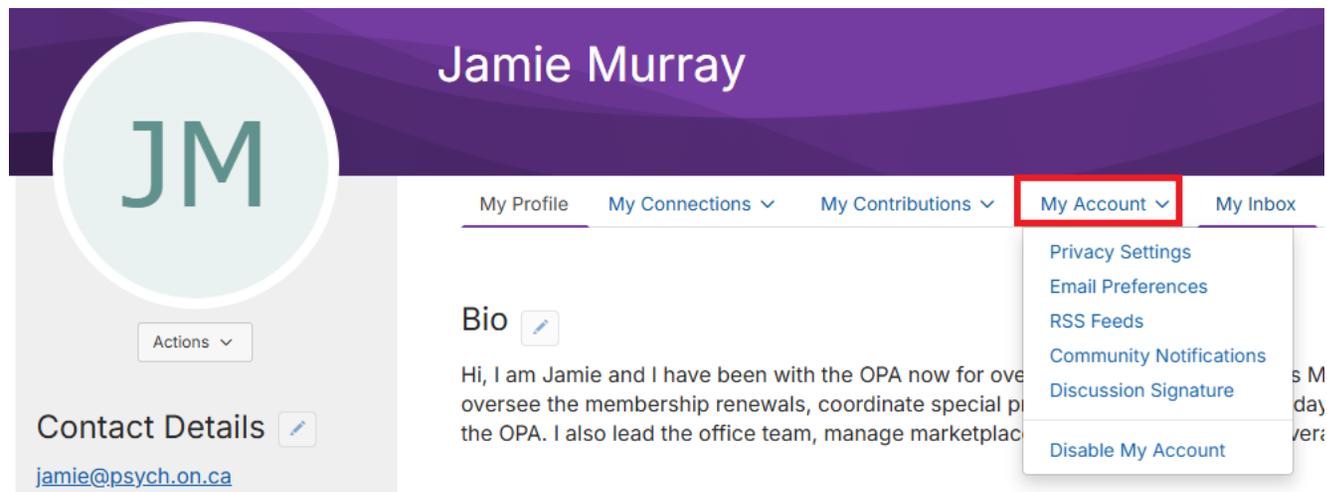
### Step 3: From your PROFILE page, edit the fields and add a photo.

The screenshot displays a user profile page for Jamie Murray. The header features a purple gradient background with the name 'Jamie Murray' in white. Below the name is a navigation menu with links: 'My Profile', 'My Connections', 'My Contributions', 'My Account', 'My Inbox', and 'Admin'. The profile section is divided into several sections:

- Contact Details:** Includes an email address [jamie@psych.on.ca](mailto:jamie@psych.on.ca) and a link to other social media accounts.
- Bio:** A short paragraph describing the user's role as Manager of Operations at the OPA.
- Education:** A section for sharing education details with an 'Add' button.
- Job History:** A section for providing an overview of employment experience with an 'Add' button.
- Honors and Awards:** A section for listing awards.

## Update your Privacy Settings

**Step 1: From the PROFILE page, click on the MY ACCOUNT tab**



The screenshot shows a user profile for Jamie Murray. The profile header includes a circular avatar with the initials 'JM' and the name 'Jamie Murray'. Below the avatar is an 'Actions' dropdown menu and a 'Contact Details' section with an email address: [jamie@psych.on.ca](mailto:jamie@psych.on.ca). The main navigation bar contains five tabs: 'My Profile', 'My Connections', 'My Contributions', 'My Account', and 'My Inbox'. The 'My Account' tab is highlighted with a red border, and its dropdown menu is open, displaying the following options: 'Privacy Settings', 'Email Preferences', 'RSS Feeds', 'Community Notifications', 'Discussion Signature', and 'Disable My Account'. The bio section below the navigation bar starts with 'Hi, I am Jamie and I have been with the OPA now for over' and continues with 'oversee the membership renewals, coordinate special p' and 'the OPA. I also lead the office team, manage marketplac'.

## Step 2: From MY ACCOUNT tab, click on PRIVACY SETTINGS

The screenshot shows a user profile for Jamie Murray. The profile header includes a circular avatar with the initials 'JM' and the name 'Jamie Murray'. Below the name are navigation tabs: 'My Profile', 'My Connections', 'My Contributions', 'My Account', and 'My Inbox'. The 'My Account' tab is selected, and its dropdown menu is open, showing options: 'Privacy Settings', 'Email Preferences', 'RSS Feeds', 'Community Notifications', 'Discussion Signature', and 'Disable My Account'. The 'Privacy Settings' option is highlighted with a red rectangular box. On the left side of the profile, there is a 'Contact Details' section with an email address 'amie@psych.on.ca' and an 'Actions' dropdown menu. Below the profile header, there is a 'Bio' section with a pencil icon and a short paragraph of text.

My Profile My Connections My Contributions My Account My Inbox

Privacy Settings  
Email Preferences  
RSS Feeds  
Community Notifications  
Discussion Signature  
Disable My Account

Actions

Contact Details

amie@psych.on.ca

Bio

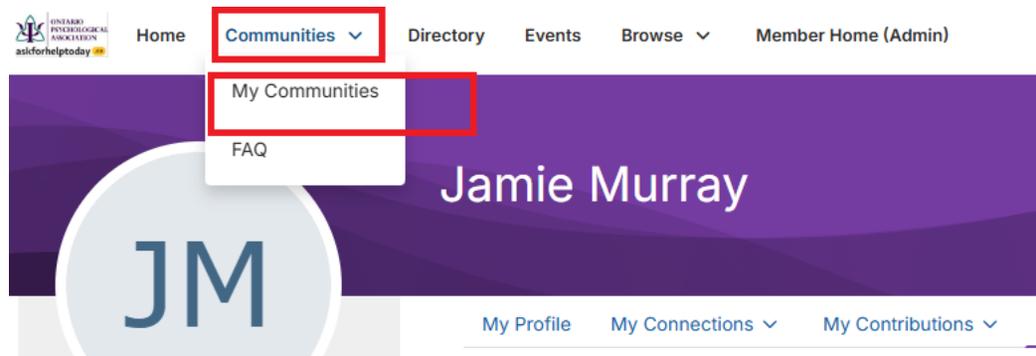
Hi, I am Jamie and I have been with the OPA now for over  
oversee the membership renewals, coordinate special p  
the OPA. I also lead the office team, manage marketplac

**Step 3: From PRIVACY SETTINGS, you can indicate if you would like to be listed on the Member Directory and which content you would like to share.**

The screenshot displays a user interface for privacy settings. At the top, there is a navigation bar with links: My Profile, My Connections, My Contributions, My Account (highlighted), My Inbox, and Admin. The left sidebar contains a profile picture placeholder with the initials 'JM', an 'Actions' dropdown, 'Contact Details' with an edit icon and email 'jamie@psych.on.ca', 'Social Links' with a link to other social media accounts and an 'Add' button, and 'Ribbons' with a 'Board Member' badge. The main content area is titled 'Privacy Settings' and contains a red-bordered box with the text: 'Your profile may be accessed through the member directory and community rosters. You have control over the information others see on your profile.' Below this, there is a toggle for 'I would like to be included in the member directory and community rosters:' with a 'No' button selected. Below the red box, there are five settings, each with a dropdown menu set to 'Members Only': Picture, My Networks, Company Information, Job Title and Department, and Address Lines.

## Update your Communities Email Settings

**Step 1: Click on the COMMUNITIES tab, then the MY COMMUNITIES dropdown**



# My Communities

## OPA Events & Updates

This OPA forum is there to keep the membership informed of OPA events and updates.

**member** last person joined 3 days ago

Discussions **6** Libraries **40** Members **2.8K**

## Early Career

This is a forum to support psychologists and psychological associates working with children and adolescents in schools or children centres.

Discussions **1** Libraries **4** Members **381**

**Step 2: To modify your email settings, click on the Community you wish to update (you will need to update your email setting for each group that you wish to receive emails from)**

# My Communities

## OPA Events & Updates

This OPA forum is there to keep the membership informed of OPA events and updates.

Discussions **6**

**member** last person joined 3 days ago

## Early Career

This is a forum to support psychologists and psychological associates working with children and adolescents in schools or children centres.

Discussions **1**

**member** last person joined 3 days ago

**Step 3: Once in the Community you wish to update, click on SETTINGS**

# Early Career

[Community Home](#) [Discussion 1](#) [Library 4](#) [Blogs 0](#) [Events 0](#) [Members 381](#)

[Settings](#)

TO EMAIL DIRECTLY TO THE EARLY CAREER COMMUNITY, PLEASE EMAIL: [OPA-ecp@onlinecommunity.ca](mailto:OPA-ecp@onlinecommunity.ca)

[Edit Featured Cards](#)

# Early Career



Latest Discussions

Announcements

**Step 4: Once in the Community you wish to update, click on SETTINGS.**

Here you can adjust whether you receive Real Time, Daily Digest or No Email from this community. You may also adjust which email address you receive these messages to.

The screenshot shows a user interface for a community named 'Early Career'. At the top, there is a navigation bar with links for Discussion (1), Library (4), Blogs (0), Events (0), and Members (381). A 'Settings' button with a gear icon is highlighted with a red box. Below the navigation bar, there is a section for 'Early Career' with a purple banner and the text 'Early Career'. To the right, there is a settings panel with three main sections: Administration, Moderation, and Events. The 'Email Notifications' section is highlighted with a red box and shows the user's email address 'jamie@psych.on.ca' with a 'Change' link. Below this, there is a dropdown menu for 'Real Time' with a downward arrow, which is also highlighted with a red box. The dropdown menu is open, showing three options: 'Real Time', 'Daily Digest', and 'No Email'.

# Start a Discussion (WEBSITE)

**Step 1: Click on the COMMUNITIES tab, then the MY COMMUNITIES dropdown**

The screenshot shows the top navigation bar of the website. The 'Communities' tab is highlighted with a red box, and its dropdown menu is open, with 'My Communities' also highlighted by a red box. The user profile header for 'Jamie Murray' is visible, featuring a circular profile picture with the initials 'JM' and navigation links for 'My Profile', 'My Connections', and 'My Contributions'. Below the header is a purple banner with the text 'My Communities'.

## OPA Events & Updates

This OPA forum is there to keep the membership informed of OPA events and updates.

**member** last person joined 3 days ago

Discussions **6** Libraries **40** Members **2.8K**

## Early Career

This is a forum to support psychologists and psychological associates working with children and adolescents in schools or children centres.

Discussions **1** Libraries **4** Members **381**

## Step 2: Click on the Community you would like to post in

# My Communities

### OPA Events & Updates

This OPA forum is there to keep the membership informed of OPA events and updates.

Discussions **6**

**member** last person joined 3 days ago

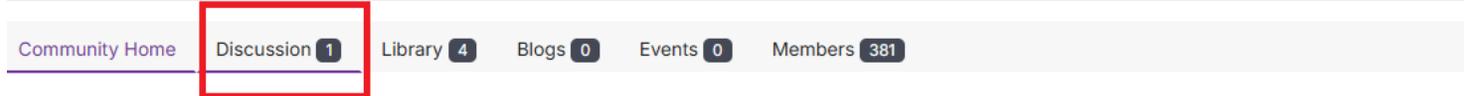
### Early Career

This is a forum to support psychologists and psychological associates working with children and adolescents in schools or children centres.

Discussions **1**

**member** last person joined 3 days ago

**Step 3: Once in the Community you wish to post in, click on the DISCUSSION tab.**

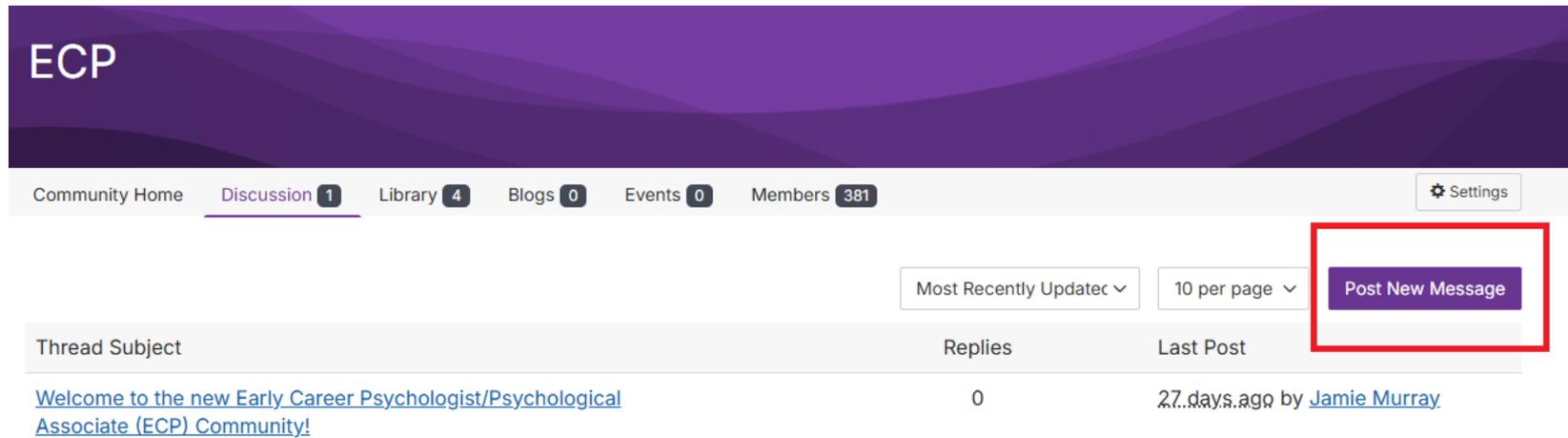


TO EMAIL DIRECTLY TO THE EARLY CAREER COMMUNITY, PLEASE EMAIL: [OPA-ecp@onlinecommunity.ca](mailto:OPA-ecp@onlinecommunity.ca)

Edit Featured Cards ▾



## Step 4: In the DISCUSSION tab, click on POST NEW MESSAGE



The screenshot shows the ECP community interface. At the top, there is a purple header with the text 'ECP'. Below the header is a navigation bar with the following items: 'Community Home', 'Discussion 1', 'Library 4', 'Blogs 0', 'Events 0', and 'Members 381'. A 'Settings' button is located on the right side of the navigation bar. Below the navigation bar, there are two dropdown menus: 'Most Recently Updated' and '10 per page'. A purple button labeled 'Post New Message' is highlighted with a red rectangular box. Below these elements is a table with the following columns: 'Thread Subject', 'Replies', and 'Last Post'. The table contains one row of data:

Thread Subject	Replies	Last Post
<a href="#">Welcome to the new Early Career Psychologist/Psychological Associate (ECP) Community!</a>	0	27..days.ago by <a href="#">Jamie Murray</a>

**Step 5: Once you have clicked on POST NEW MESSAGE, it will take you to START NEW THREAD**

Here you will provide a subject, the body of your message, as well as a signature (signature steps below).

Once fields have been completed, click POST.



Post to community  
Early Career

Discussion subject

Yes Automatically insert content preview for links

11pt Paragraph B I U S (t) [List icons] [Color icons] [Link icons] [Media icons]

p

> Signature [Add Attachment](#)

Post Schedule Save as Draft Cancel

## Update your Signature (WEBSITE)

### Step 1: From START NEW THREAD, click on EDIT YOUR DEFAULT SIGNATURE

Early Career

Discussion subject

Automatically insert content preview for links

11pt Paragraph **B** *I* U ~~S~~ (i) ☰ ☰ ☰

       @ # *I*<sub>x</sub> 

P

> Signature

[✎ Edit Your Default Signature](#)

Jamie Murray  
Manager of Operations  
Ontario Psychological Association  
jamie@psych.on.ca

[Post](#) [Schedule](#) [Save as Draft](#) [Cancel](#)

**Step 2: From EDIT YOUR DEFAULT SIGNATURE, you can either type your signature details or click on Available Variables.** Please ensure you add spaces when using Available Variables. **Once updated, click save.**

(Please note you will only have to set your signature once, not in each community)

Edit Your Default Signature

Your default signature automatically appears on all discussion emails. Any changes saved here appear in your discussion emails moving forward. You can [reset signature to the default](#) or modify below as needed.

**NOTE:** Double click to add variables. Highlight and delete to remove them.

**Available Variables**

FirstName LastName EmailAddress

**Your Signature**

Jamie Murray  
Manager of Operations  
Ontario Psychological Association  
jamie@psych.on.ca

Save Close

## Responding to a Discussion (WEBSITE)

### Step 1: From the Post that you wish to reply to, click either Reply or Reply Privately

[← Back to discussions](#) [Expand all](#) | [Collapse all](#)

## Welcome to the new Early Career Psychologist/Psychological Associate (ECP) Community!

 [+ Add a tag](#)

1. Welcome to the new Early Career Psychologist/Psychological Associate (ECP) Community! 0 Recommend



[Jamie Murray](#)

Posted 27 days ago

Welcome to the new Early Career Psychologist/Psychological Associate (ECP) Community!

This community is there to support psychologists and psychological associates in supervised practice and early career.

If you need any support, kindly see our FAQ page, or send us an email at [opa@psych.on.ca](mailto:opa@psych.on.ca).

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Reply 

- Reply Privately**
- Mark As Inappropriate
- Pin post to top
- Reindex
- Edit
- Remove
- Delete reply

## Start a Discussion (EMAIL)

**Step 1: See our OPA Communities Eligibility document for the direct email addresses.**

<https://www.psych.on.ca/getattachment/e97862e0-786d-466a-af09-df460b3d755c/OPA-Communities-Eligibility.pdf?lang=en-CA>

**Step 2: Create an email (including subject, message and signature) and send.**

	From ▾	jamie@psych.on.ca
	To	<input type="radio"/> opa-ecp@onlinecommunity.ca;
	Cc	
	Bcc	
Subject		TEST SUBJECT

TEST POST BODY OF EMAIL

Regards,|



**ONTARIO  
PSYCHOLOGICAL  
ASSOCIATION**

*Jamie Murray (She/Her)  
Manager of Operations  
Ontario Psychological Association*

*PO Box 42507 EASTOWN CENTRE PO  
Toronto, ON M1K 5K2  
t: 416-305-8761  
e: [jamie@psych.on.ca](mailto:jamie@psych.on.ca)  
w: [www.psych.on.ca](http://www.psych.on.ca)*

## Reply to a Discussion (EMAIL)

**Step 1: Open the email posting you wish to reply to and click either Reply to Group or Reply to Sender**

(This will generate a new email to respond)

OPA Events & Updates : Welcome to OPA Communities!

 Jamie Murray via Ontario Psychological As  
To  Jamie Murray

  Reply  Reply All  Forward  

Tue 2025-03-18 10:11 AM

 If there are problems with how this message is displayed, click here to view it in a web browser.

This message was sent from outside the company by someone with a display name matching a user in your organisation. Please do not click links or open attachments unless you recognise the source of this email and know the content is safe.

### OPA Events & Updates

[Post New Message](#)

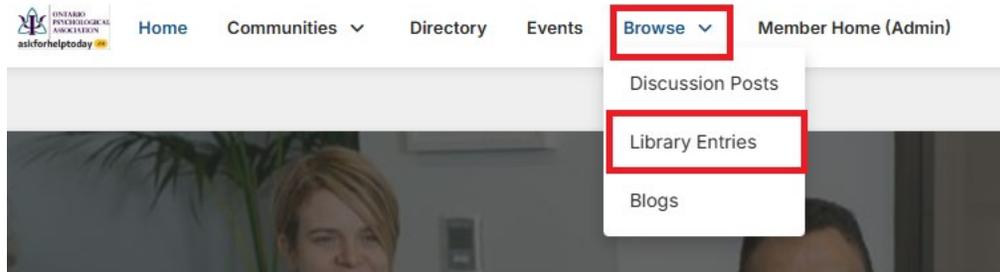
Welcome to OPA Communities!

 Mar 18, 2025 10:11 AM |  [view attached](#)  
[Jamie Murray](#)

## View Library Entries

**Step 1: Click on the Browse tab, then click on the dropdown to Library Entries**



## Step 2: In Library Entries, click on the resources of interest

# Library Entries

Create Entry

View:  

Filter By: File Type 

Sort By: Date Created - Descending 

 Downloads • 7  Views • 9



[FYM: Core Tasks of Therapy - What "Expert" Therapists Do and How to Spot "Hype" in the Field of Psychotherapy](#) 

Posted By Anita Condy  
04-11-2025 13:10

 Views • 39



[Protecting your Practice: Essential Insurance and Legal Tips for Psychologists- Q&A Responses](#) 

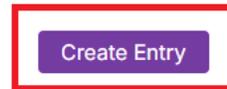
Posted By Jamie Murray  
04-11-2025 11:03

 Downloads • 137  Views • 169

# Add Resources

## Step 1: From Library Entries, click on Create Entry

### Library Entries



View:  

Filter By: File Type 

Sort By: Date Created - Descending 



#### Psychotherapy

Posted By Anita Condy  
04-11-2025 13:10

 40



#### Protecting your Practice: Essential Insurance and Legal Tips for Psychologists- Q&A Responses

Posted By Jamie Murray  
04-11-2025 11:03

 137  171



Posted By Jamie Murray in OPA Events & Updates  
04-11-2025 11:03

[Download](#)

Attachment from [Protecting your Practice: Essential Insurance and Legal Tips for Psychologists- Q&A Responses](#)

## Step 2: From Add to a Library, complete all fields.

(Title, select library, description, entry type, your email address and add image)

### Add to a Library

Title\*

Library\*

Description

11pt Paragraph **B** *I* U ~~S~~ { } ☰ ☷ ☹ ☺ A  ☰ ☷ ☹ ☺  $\times_2$   $\times^2$   $\Omega$       ☰ ☷ ☹ ☺ @ # *I*  HTML

Entry Type\*

Owner

### Step 3: Upload document and finish.

# Upload Your Files

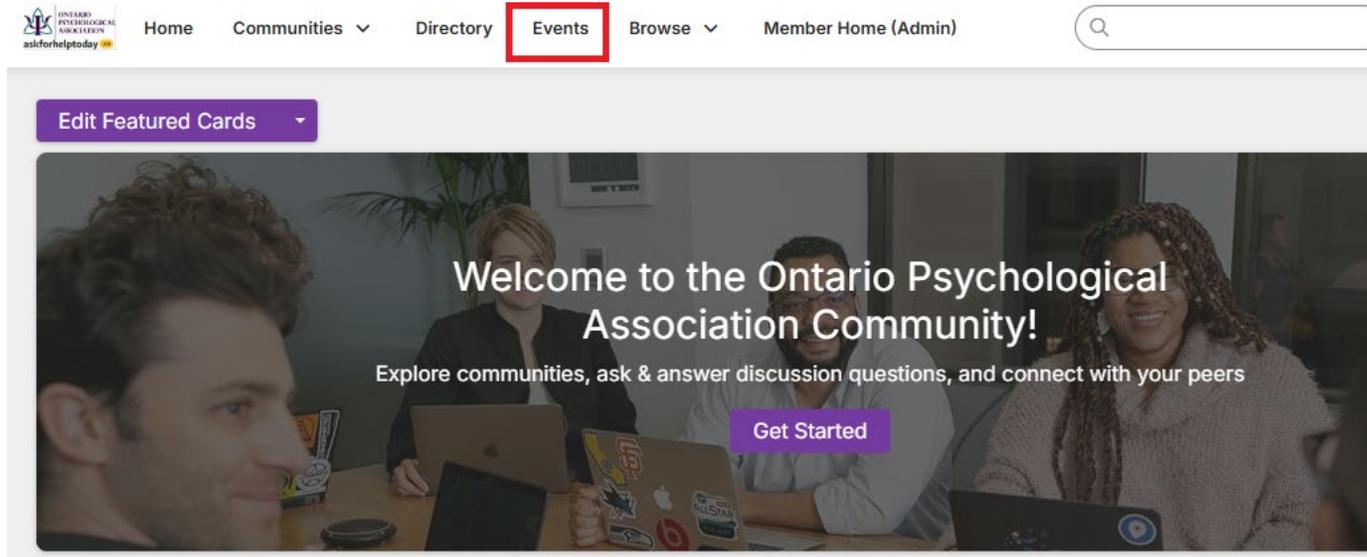
 Choose and Upload

[Next](#) [Finish](#) [Previous](#) [Cancel](#)

(Next up: Describe Your Files)

## Register for an OPA Webinar (WEBSITE)

### Step 1: From OPA Communities, click on the EVENTS tab



## Step 2: Click on the event/webinar you are interested in attending

### Upcoming Events

Show Filter

1 to 5 of 5 events

All

#### April 2025

[FYM: What Clinicians Need to Know About Therapeutic Alliance Ruptures and Repairs](#)

When: Apr 23, 2025 from 12:00 to 13:00 (ET)

Community: [OPA Events & Updates](#)

Cancel RSVP

You RSVP'd for this event 4 days ago



#### May 2025

[FYM- Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests](#)

When: May 1, 2025 from 12:00 to 13:00 (ET)

Community: [OPA Events & Updates](#)

RSVP



**Step 3: Click RSVP to register**  
(you MUST RSVP to receive CE credits)



# FYM- Fur Consideration: Ethical Decision-Making Support Animal Requests

Edit ▾

When: May 1, 2025 from 12:00 to 13:00 (ET)  
Associated with [OPA Events & Updates](#)

UPCOMING EVENTS

## FEED YOUR MIND WEBINAR

**Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests**

Presented by: Eileen Bona M.Ed.

MAY 1 | 12 PM - 1 PM (ET)

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FEED YOUR MIND LUNCH & LEARN

Presented by: Eileen Bona M.Ed.



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## Contact

OPA ADMIN  
416-961-5552  
[opa@psych.on.ca](mailto:opa@psych.on.ca)

## Step 4: Webinar link (Zoom)

Registrants will receive the Zoom link via email; however, it is also listed on the Event Posting.

**To get the Zoom link, scroll to the bottom of the Webinar Posting.**



Home Communities ▾ Directory Events Browse ▾

Presented by: **Eileen Bona M.Ed.**

This presentation addresses the growing challenge mental health professionals face when clients request emotional support animal (ESA) documentation. Over the course of one hour, we will explore the ethical complexities, clinical considerations, and practical strategies for therapists navigating these requests. The session begins by defining the terminology for the assortment of animals in service today and then examines the current landscape of ESA regulations and the therapist's role as both advocate and gatekeeper. Participants will learn a structured decision-making framework for evaluating ESA requests, including documentation best practices and boundary-setting techniques. This presentation aims to equip mental health professionals with the confidence to handle ESA documentation requests while preserving therapeutic relationships and upholding professional standards.

**This session is only available to active OPA members.**

*This webinar has been accredited by the Ontario Psychological Association for 1 CE credit.*

*Registrants will receive a copy of the recording, 1 week post-webinar.*

 [+ Add a tag](#)

### Location

Online Instructions:

Url: <https://us02web.zoom.us/j/82873059108>

## Register for an OPA Webinar (EMAIL)

### Step 1: From Webinar reminder email, click on Learn More or Register

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**PLEASE NOTE: WE ARE MOVING EVENT REGISTRATIONS TO OPA COMMUNITIES, YOU WILL NEED TO LOGIN AND CLICK RSVP IN ORDER TO RECEIVE CE CREDITS.**

*Members can access the webinar recording through the OPA Communities. The recording will be made available 1-week post webinar*

[LEARN MORE](#)

**Step 2: This will take you to the OPA website, click on REGISTER**



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# FYM- Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests

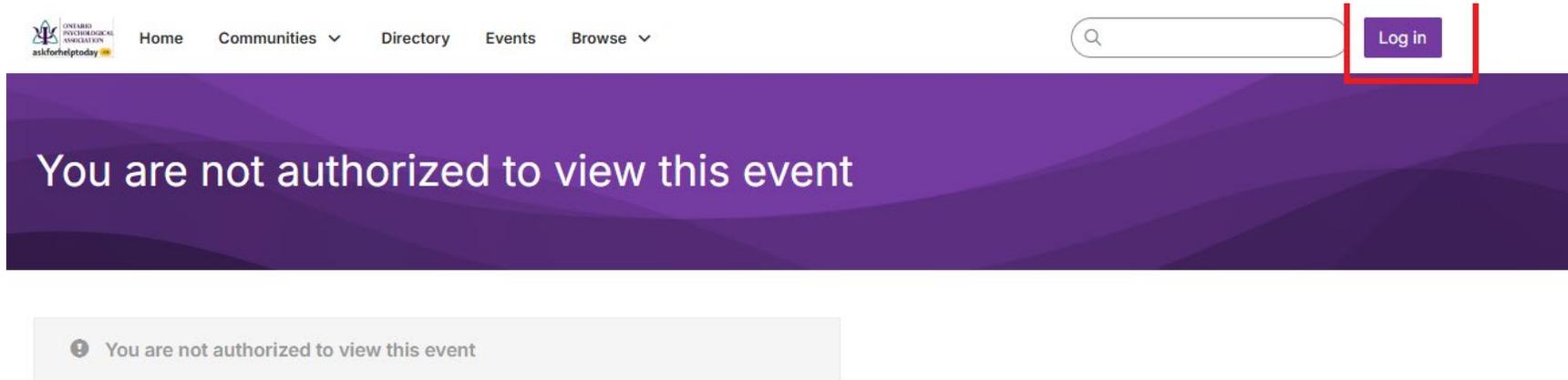
May 01, 2025

REGISTER

UPCOMING EVENTS

FEED VOID

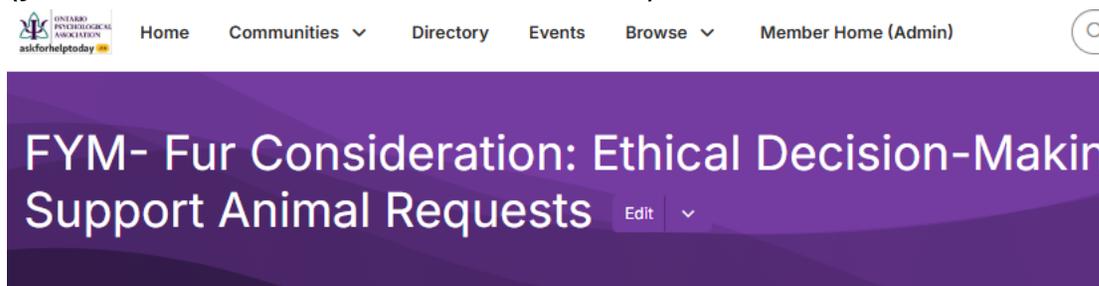
**Step 3: If you are not logged into the OPA website, you will receive NOT AUTHORIZED message. You will need to login now.**



**Step 4: Once logged in, it will take you to the event you were interested in.**

**CLICK RSVP to register.**

(you MUST RSVP to receive CE credits)



The screenshot shows the top navigation bar of the website. On the left is the logo for the Ontario Psychological Association (OPA) with the tagline 'askforhelptoday'. The navigation menu includes 'Home', 'Communities', 'Directory', 'Events', 'Browse', and 'Member Home (Admin)'. A search icon is on the right. Below the navigation is a purple banner with the text 'FYM- Fur Consideration: Ethical Decision-Making Support Animal Requests' and an 'Edit' button.

When: May 1, 2025 from 12:00 to 13:00 (ET)

Associated with [OPA Events & Updates](#)



The flyer is titled 'UPCOMING EVENTS' and 'FEED YOUR MIND WEBINAR'. The subtitle is 'Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests'. It is presented by Eileen Bona M.Ed. The date and time are 'MAY 1 | 12 PM -1 PM (ET)'. There is a 'REGISTER TODAY' button and a photo of Eileen Bona.



Share this Event

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## Step 5: Webinar link (Zoom)

Registrants will receive the Zoom link via email; however, it is also listed on the Event Posting.

**To get the Zoom link, scroll to the bottom of the Webinar Posting.**

Presented by: **Eileen Bona M.Ed.**

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 [+ Add a tag](#)

### Location

Online Instructions:

Url: <https://us02web.zoom.us/j/82873059108>

# Confirming if you Registered/RSVP'd for a Webinar (EMAIL)

## Step 1: Check your email for a confirmation (always check SPAM)

Event "FYM- Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests" RSVP confi...



OPA ADMIN <Mail@onlinecommunity.ca> on behalf of OPA Events & Events  
Required ● Jamie Murray

Tue 2025-04-15 10:06 AM



Please respond.

This meeting has been adjusted to reflect your current time zone. It was initially created in the following time zone: America/New\_York.  
Click here to download pictures. To help protect your privacy, Outlook prevented automatic download of some pictures in this meeting.



May 1, 2025 12:00 PM-1:00 PM <https://us02web.zoom.us/j/82873059108>

This message was sent from outside the company by someone with a display name matching a user in your organisation. Please do not click links or open attachments unless you recognise the source of this email and know the content is safe.

Jamie,

Thank you for RSVPing for [FYM- Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests](#) beginning 01 May 2025.

Details of your RSVP are as follows:

**Online Instructions:**

<https://us02web.zoom.us/j/82873059108>

PLEASE NOTE THAT YOU MUST CLICK RSVP FOR THE WEBINAR IN ORDER TO RECEIVE CE CREDITS. FOR ASSISTANCE, PLEASE CONTACT [OPA@PSYCH.ON.CA](mailto:OPA@PSYCH.ON.CA)

Please bring any questions to the attention of the contact for the event:

OPA ADMIN - [opa@psych.on.ca](mailto:opa@psych.on.ca)

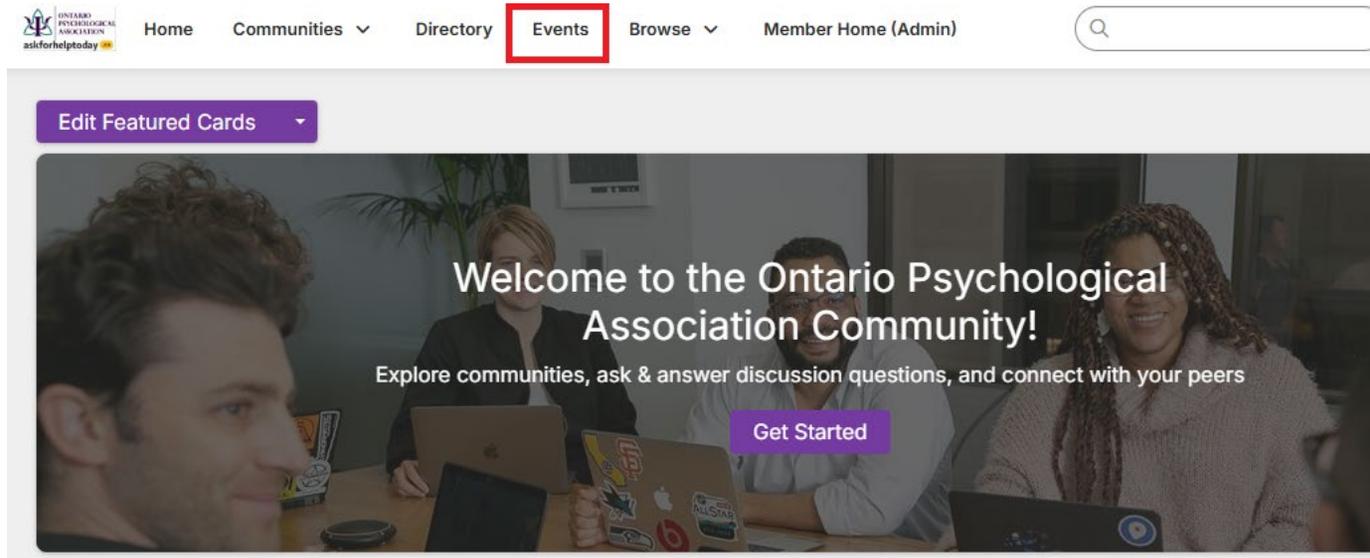
**See the online event listing for full details:**

[FYM- Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests](#)

Thank you for RSVPing for this event. Please do not reply to this email as it is auto-generated and this account is not monitored.

## Confirming if you Registered/RSVP'd for a Webinar (WEBSITE)

**Step 1: From OPA Communities, click on the EVENTS tab.**



**Step 2: Scroll to find the event/webinar you want to confirm registration for. If the RSVP box is purple, you have not REGISTERED/RSVP'd. If the box is white, you have already REGISTERED/RSVP'd.**

## Upcoming Events

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1 to 5 of 5 events

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### April 2025

[FYM: What Clinicians Need to Know About Therapeutic Alliance Ruptures and Repairs](#)

When: Apr 23, 2025 from 12:00 to 13:00 (ET)

Community: [OPA Events & Updates](#)

RSVP



### May 2025

[FYM- Fur Consideration: Ethical Decision-Making for Emotional Support Animal Requests](#)

When: May 1, 2025 from 12:00 to 13:00 (ET)

Community: [OPA Events & Updates](#)

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