



Important Update for OPA Members Regarding CPBAO Consultation and RxP

October 6th, 2025

Your Board of Directors has been working diligently on your behalf in response to the College of Psychologists and Behaviour Analysts of Ontario (CPBAO) proposal to change registration requirements. We are strategically engaged and we want to reassure you that we are continually working behind the scenes and are integrating the concerns that our members have shared with us. We ask that you trust us to continue leading this process with care and diligence, and to rely only on accurate information as we share it, so that we do not unintentionally heighten concerns or spread misinformation.

In the past week we have met with and been in close communication with the following key stakeholders:

- Ministry of Health officials
- CPA CEO
- Allied Partners in Ontario
- OPA Government Relations Firm (that we have had for 8 years)
- Legal Counsel
- Psychologists across the province

We have communicated clearly to the government and the College that we want to work collaboratively with them. At the same time, we have emphasized the importance of

maintaining high standards of training and accreditation that are consistent with national and international norms. We have stressed that Ontario must not lower the standards that protect the public and ensure the highest quality of psychological care.

Public Consultation

The CPBAO public consultation on the proposed registration changes has **not yet begun**. We encourage all members to monitor the college website closely, as participation in this consultation will be critical. The consultation will run for 60 days once it begins. OPA will alert its members immediately when the consultation period opens. Your voice matters, and collective participation will help ensure that the concerns of our profession are heard.

RxP Update

Let's not forget that another important consultation is already underway. The CPBAO public consultation period on prescribing rights (RxP) has begun, and your input is needed. OPA continues to move forward with our advocacy for prescribing rights as a safe, evidence-based, and effective way to increase access to psychological care in Ontario.

Our RxP Working Group is currently preparing updated materials, refining our formal response to the college, and engaging with policymakers to highlight the value of RxP. We are committed to advancing RxP as one of several long-term solutions to address gaps in access, while ensuring that rigorous training and supervision standards remain central to this work.

What You Can Do

- Watch for updates from OPA as new developments occur. These processes take time, so updates will likely be weekly rather than daily. Our work is extensive and ongoing. We ask for the trust of our members.
- Begin preparing your submission on RxP, drawing on your clinical experience, evidence, and professional expertise. Member voices are essential in demonstrating the importance and readiness of psychologists to move forward with prescribing rights. Formal submissions can be made [here](#).
- Stay engaged. Share information with colleagues, encourage others to participate in the consultations, and help strengthen psychology's collective presence in these discussions.

Together, let's keep up our efforts to ensure psychology in Ontario continues to lead with excellence in training, practice, and public protection.

On Behalf of the BOD,
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