



September 18, 2025

Hopefully by now all OPA members will have heard [the news](#) that the Ontario government has announced its intent to consult on granting prescribing privileges to psychologists. This milestone reflects more than a decade of advocacy and collaboration across our community. It represents an important step toward improving access to care, reducing wait times, and ensuring Ontarians receive the right treatment at the right time.

We believe if implemented, it will strengthen the Ontario mental health system through:

- Prescribing psychotropic medications when clinically appropriate
- Adjust or de-prescribe medications to ensure safe, effective care
- Collaborate more seamlessly with family physicians, nurse practitioners, and specialists such as psychiatrists
- Provide true continuity of care for individuals who need both psychotherapy and medication support

Here is the link to provide feedback to the Government on this expansion of our scope of practice.

[Consultations on proposed changes to certain psychologists' scope of practice to advance access to certain mental health services in Ontario.](#)

We would encourage all members to respond to the consultation and encourage other supporting colleagues, agencies, institutions or groups etc. to show the government they support this expansion of scope and it will give Ontarians faster, safer

and more integrated mental health care

Sincerely,

Richard Morrison
Chief Executive Officer
Ontario Psychological Association

[Provide Feedback](#)