

2026 Professional Development Survey

Thank you to the members who completed the recent professional development survey. A summary of the key results is detailed below.

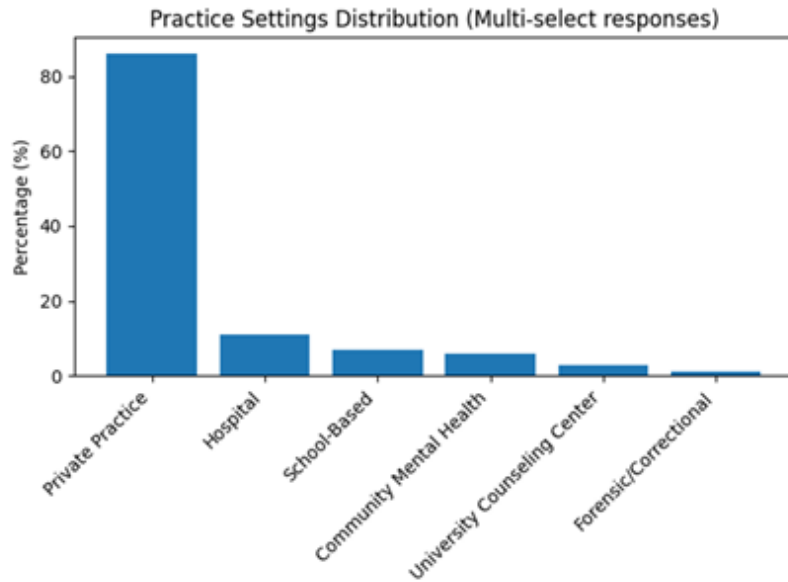
There was a total of 336 respondents.

1. Role of Respondents



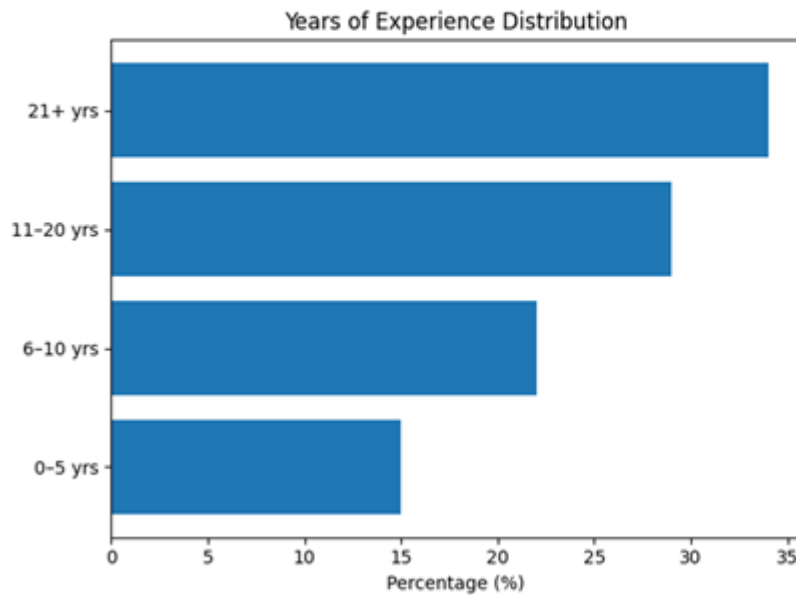
- Licensed Psychologist: 86%
- Licensed Psychological Associate: 3%
- Psychologist/Associate in Training: 5%
- Student: 4%
- Other: 2%

2. Primary Practice Settings



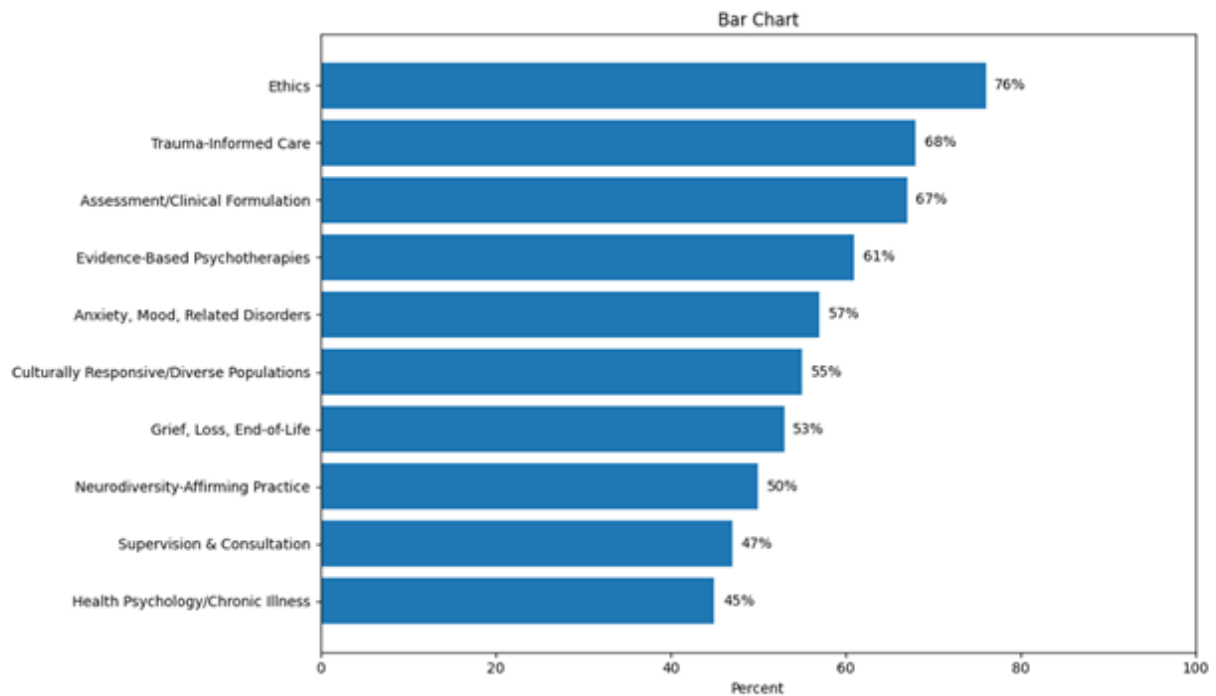
- Private Practice: 86%
- Hospital: 11%
- School-Based: 7%
- Community Mental Health: 6%
- University Counseling Center: 3%
- Forensic/Correctional: 1%
- Government: 1%
- Other: 2%

3. Years of Clinical Experience



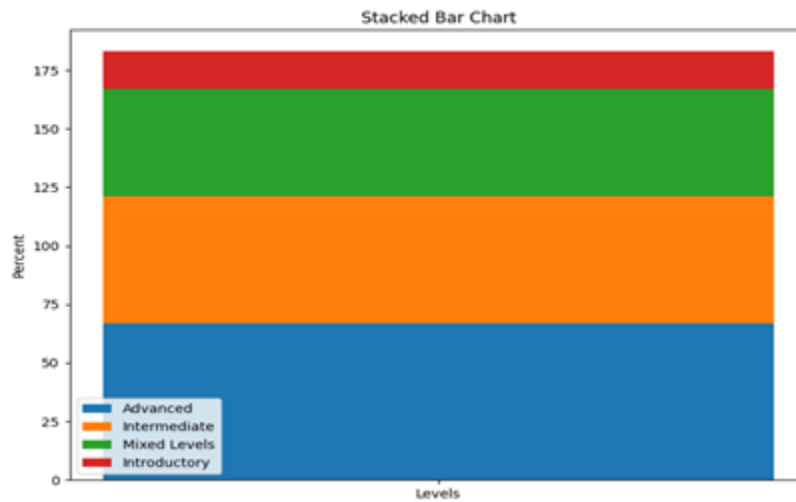
- 0-5 yrs: 15%
- 6-10 yrs: 22%
- 11-20 yrs: 29%
- 21+ yrs: 34%

4. Preferred Professional Development Topics



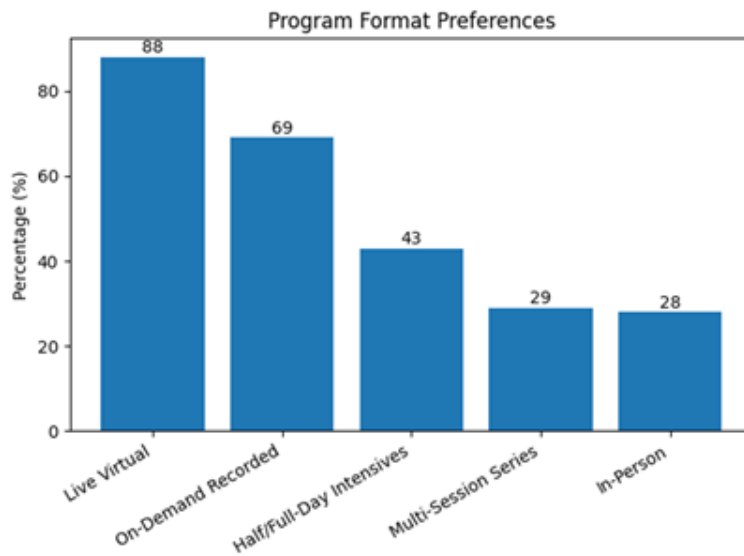
- Ethics: 76%
- Trauma-Informed Care: 68%
- Assessment/Clinical Formulation: 67%
- Evidence-Based Psychotherapies: 61%
- Anxiety, Mood, Related Disorders: 57%
- Culturally Responsive/Diverse Populations: 55%
- Grief, Loss, End-of-Life: 53%
- Neurodiversity-Affirming Practice: 50%
- Supervision & Consultation: 47%
- Health Psychology/Chronic Illness: 45%

5. Preferred Training Level



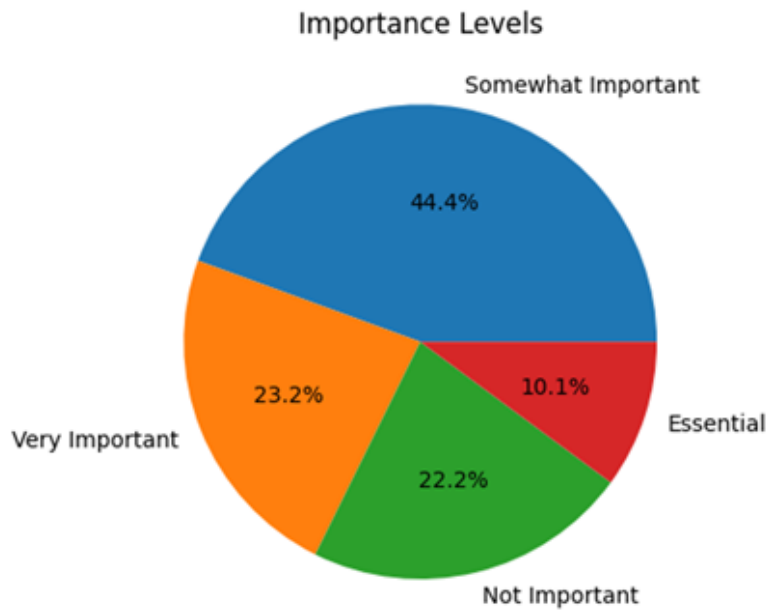
- Advanced: 67%
- Intermediate: 54%
- Mixed Levels: 46%
- Introductory: 16%

6. Preferred Training Format



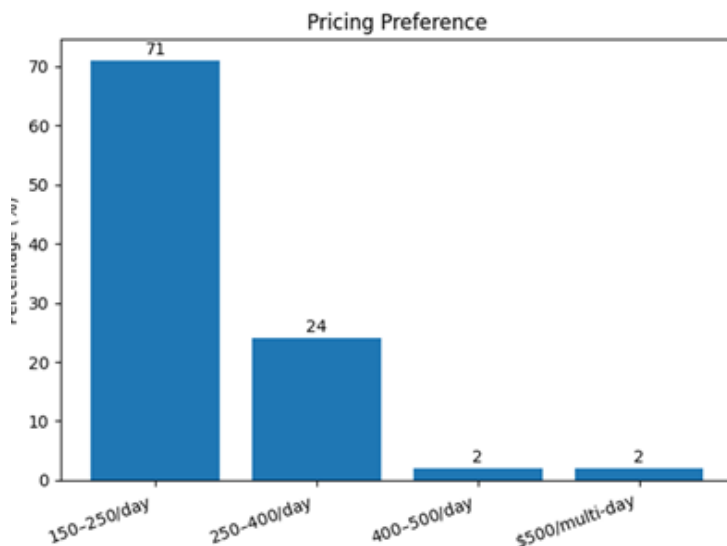
- Live Virtual: 88%
- On-Demand Recorded: 69%
- Half/Full-Day Intensives: 43%
- Multi-Session Series: 29%
- In-Person: 28%

7. Importance of CE Credits



- Somewhat Important: 44%
- Very Important: 23%
- Not Important: 22%
- Essential: 10%

8. Training Cost Willingness



- \$150–\$250/day: 71%
- \$250–\$400/day: 24%
- \$400–\$500/day: 2%
- \$500/multi-day: 2%
- Most respondents are experienced licensed psychologists in private practice.
- Strong interest in ethics, trauma, assessment, and evidence-based psychotherapies.
- Advanced/intermediate training preferred, mainly virtual or recorded.
- CE credits matter, but cost is an important factor: majority prefer under \$250/day.

The results of this survey will be reviewed carefully by the Professional Development Committee and will be used to guide future OPA trainings.