

DBT COMPREHENSIVE TRAINING

DBT: Individual Therapy

WITH DR. SHELLEY MCMAIN, C.PSYCH.

FRIDAY, NOVEMBER 13 + SATURDAY, NOVEMBER 14, 2026

9:00 AM–5:00 PM ET • LIVE ONLINE VIA ZOOM



Advance your individual DBT practice through hands-on work in case formulation, problem analysis, and treatment design.

YOU'LL LEARN TO

- ✓ Conduct comprehensive chain analyses
- ✓ Blend advanced problem-solving with validation
- ✓ Strengthen treatment planning and clinical strategy

\$550 CAD + HST + Applicable Eventbrite Fees

14 CE credits approved • Materials + 30-day recording access included

REGISTER NOW

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May be taken individually or as part of the CMBH DBT Certificate Program