GoodLife FITNESS

Enjoy Improved Fitness, Mental Health and Well-Being

Ontario Psychological Association

Save with **\$0** enrollment & **25% off** all membership types

> Join at corporate.goodlifefitness.com

Corporate Membership Benefits:

- Reduce stress and feel great physically and mentally
- 200+ clubs in Canada; some with 24-hour access
- Discount extended to two family members once employee/member has joined
- World-renowned Group Fitness classes
- · GoodLife On-Demand delivers online workouts wherever and whenever you want
- GoodLife Rewards offers savings and exclusive deals from GoodLife partners





