

Dr. Shelley McMain and Dr. Shari Geller of the Centre for MindBody Health (CMBH) are currently recruiting for a new part-time associate. We are seeking an individual registered or eligible to register with the College of Psychologists of Ontario; or an advanced Ph.D. level graduate student in Clinical Psychology who are eligible to work under supervision of a psychologist.

CMBH is a clinical and training community that offers evidence-based services to adolescents, adults, couples and families who present with a broad range of mental health issues: borderline personality disorder, mood disorders, eating disorders, trauma, anxiety, addictions and relational difficulties. Our closely-knit team is expert trained in individual, couple and family therapies that are complimented by a range of groups: Dialectical Behaviour Therapy (DBT) skills, Emotion Focused Therapy (EFT); Trauma Focused Therapy, Mindfulness, and Mindful Self-Compassion (MSC). Associates are encouraged but not required to provide treatment in multiple modalities. Our services create safety and support for healing, thriving and growth while our professional trainings/workshops foster excellence in clinical education for our own team and for the broader professional community.

Our clinical team is comprised of multi-disciplinary professionals; we are all inspired by research and treatment excellence. Individual and group supervision is provided by Drs. McMain and Geller. Dr. McMain is a researcher, clinician and educator and has advanced training in DBT. She is certified by the Linehan Board of Certification and regularly trains in DBT both nationally and internationally. Dr. Geller is an author, educator, and international trainer in the foundational approach of therapeutic presence. She is also an EFT therapist, trainer and supervisor, as well as a mindful self-compassion teacher. Clinical supervision regularly includes audio and video review of therapy sessions. In-house training is provided by Shelley and Shari and by many Associates on a regular basis.

Associates participate at no cost or much reduced cost in a range of training opportunities provided by CMBH and other national/international DBT and EFT experts. The clinical team meets regularly to support each other's well-being and clinical development. This includes individual supervision as well as a weekly DBT Consultation Team, monthly EFT group supervision, and a bi-monthly sangha (community gathering) that practices mindfulness and strengthens our group's cohesion.

The ideal candidate:

1. Is a registered Psychologist, Psychological Associate, Advanced Doctoral Student, or is under the supervision registry with the College of Psychologists of Ontario (CPO);
2. Has experience with Dialectical Behaviour Therapy and other cognitive behavioral therapies, and/or with Emotion Focused Therapy and mindfulness-based approaches;

3. Will work one or two evenings and/or weekends along with daytime hours;
4. Wants to be a member of a group practice and contribute to a consultation team.

Your application material should include a cover letter outlining your training and clinical experience, career interests, areas of competence, goals for the next three years and your curriculum vitae.

Materials can be submitted via email to cmbh@cmbh.space with the subject line “PSYCHOLOGICAL ASSOCIATE”. We are accepting applications until the positions are filled.