

Health & Wellness (HW) is currently accepting applications from Registered Psychologists (or eligible for Supervised Practice) who are able to provide brief/short-term psychotherapy, psychoeducational workshops, and group psychotherapy to a university student population.

Your Opportunity:

We currently have 2 positions available: 1901319 – Full-time Psychologist (term position ending August 2020) 1901141 – Full-time Psychologist (term position ending February 2021) *Start dates are negotiable

The Psychologist is a Registered Psychologist and is an integral member of the mental health care team in HW. HW provides counselling to students with a wide range of concerns ranging from relationship problems to debilitating depression and anxiety, suicidal and/or homicidal ideation, post-traumatic stress, and eating disorders. As a member of the mental health care team, and under the direction of the Director, Professional Practice (CAPS) and Quality Assurance, provides counselling/psychotherapy, assessment, and consultation in accordance with established standards of care, policies and procedures; demonstrates performance in accordance with the University of Toronto Health and Wellness vision, mission, and strategic plan, and is expected to demonstrate quality and effectiveness in work habits. Inherent in this role are the knowledge, skills and attitudes specific to critical thinking and decision making, ability to analyze and assess presenting mental health concerns and collaborate with the medical team in the management of these mental health concerns, and flexibility and decision making in fluid situations with unpredictable outcomes.

Your Responsibilities will include:

- Providing personal counselling and psychotherapy to a diverse student population
- Conducting counselling and psychotherapy groups for students whose problems indicate group treatment
- Providing counselling and psychotherapy to students in emotional crisis
- Acting as a consultant to faculty, staff, and students on counselling and related matters
- Conducting workshops and training sessions.

Qualifications:

Education: Ph.D. in Clinical or Counselling Psychology and is a member in good standing with the College of Psychologists of Ontario. Candidates who are eligible for Supervised Practice with the College of Psychologists of Ontario are encouraged to apply.

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Experience: Minimum five (5) years related experience, including the provision of client intakes or assessments, crisis counselling, brief or short-term counselling to individuals, group therapy, and psycho-educational workshops. Extensive experience with mental health and illness, behavioural issues, suicide risk assessment and treatment. Skill in working with university-aged young adults, and individuals in crisis. Experience in evidence-based psychotherapies (e.g., cognitive-behavioural therapy, emotion-focussed therapy, solution-focussed therapy, interpersonal psychotherapy, mindfulness, etc.).

Skills: Keyboarding skills and working knowledge of relevant software is required (e.g. Microsoft Word, Outlook, Excel, and PowerPoint); Excellent written and verbal communications skills.

Other: Good judgment and sensitivity, flexibility and resourcefulness, experience working with post-secondary students, and knowledge of university and community resources is an asset.

About Us:

Established in 1827, the University of Toronto is Canada's largest university, recognized as a global leader in research and teaching. U of T's distinguished faculty, institutional record of ground-breaking scholarship and wealth of innovative academic opportunities continually attract outstanding students and academics from around the world.

U of T is committed to providing a learning experience that benefits from both a scale almost unparalleled in North America and from the close-knit learning communities made possible through its college system and academic divisions.

Located in and around Toronto, one of the world's most diverse regions, U of T's vibrant academic life is defined by a unique degree of cultural diversity in its learning community. The University is sustained environmentally by three green campuses, where renowned heritage buildings stand beside award-winning innovations in architectural design.

As an integral part of the Health and Wellness team, the Psychologist will work within an interprofessional practice model, similar to a large Family Health Team Model, which includes psychology, psychiatry, family physicians, nursing and social work. You will be involved in multidisciplinary consultation teams and health-specific teams depending on your interests (eg., trans health, trauma, ADHD, eating disorders), with the opportunity for involvement in program development (eg., treatment groups, workshops) and clinical training (e.g., clinicians, trainees, clinical seminars).

How to Apply: Please visit our <u>careers page</u> and apply online