

Dear colleagues,

I am happy to announce that **The Mindful Living Centre**, a rapidly-growing CBT-focused practice based in Milton, Ontario, has expanded -- our beautiful BRAND NEW second location in East Burlington is now open!

We are looking to hire several highly-skilled, well-rounded and fun clinicians to our team! Part-time positions are immediately available at both our Burlington and Milton locations.

Why choose us?

Dedication to excellence: Voted "Milton's favourite marriage, family and individual counselling centre" since opening our doors, we embrace the scientist-practitioner model and insist on using evidence-based treatments. Financial support is offered for continuing education, and opportunities exist for rounds and peer supervision.

Quality of work life: We offer very comfortable and well-appointed office spaces, excellent administrative support, and highly competitive compensation for Full (PhD-level) and Junior (PhD Candidate) Associates. Work-life balance is encouraged with flexible hours, and fun team-building events create a warm and collegial atmosphere.

Variety: In addition to "standard" assessment and therapy work, Associates will have opportunities to become involved in facilitating therapy groups and workshops, community events, online therapy sessions, work with first responders (including psychological fitness assessments for Halton, Guelph and Waterloo police), and insurance-funded assessment and treatment.

Convenience: With two locations situated in the GTA west, our offices are within 20 minutes of Hamilton, Oakville, Georgetown, Acton and Mississauga, thus serving a broad area of clients and minimizing commute times!

Successful candidates will:

- Have completed (or be enrolled in) an APA and/or CPA accredited PhD or PsyD program.
- Possess extensive training and experience in CBT, and the ability to comfortably incorporate elements of related approaches (e.g., MBCT, ACT, DBT).
- Have excellent interpersonal and written communication skills.

Special consideration will be given to candidates who possess one or more "niche" areas of expertise (e.g., Training in IBCT and/or EFT-focused couples counseling, formal training in DBT, MBCT, chronic pain management, addictions counseling, etc.)

If you are interested in joining our team at The Mindful Living Centre, please send your C.V. and cover letter to Dr. Chris Parrish at cparrish@mindfullivingcentre.ca

For further information on our Centre, please visit: www.mindfullivingcentre.ca

Warm regards,
Chris Parrish, PhD, CPsych