

# Speakers

## Dr. Jane Storrie

Dr. Jane Storrie is a duly qualified Psychologist, registered in the Province of Ontario. She received her PhD from the University of Waterloo, and completed an internship in Clinical Neuropsychology at Hamilton Health Sciences/McMaster University. She is a member in good standing with the College of Psychologists of Ontario, with declared areas of competency in Clinical Psychology, Rehabilitation Psychology, and Clinical Neuropsychology. Dr. Storrie is Past-President of the Ontario Psychological Association (OPA), and a former President of the Canadian Academy of Psychologists in Disability Assessment (CAPDA) and the Hamilton Medical-Legal Society. She holds the appointment of Assistant Professor in the Faculty of Health Sciences, Department of Psychiatry and Behavioural Neurosciences, at McMaster University, and was awarded Diplomate Emeritus status by the American Board of Disability Analysts (ABDA). Dr. Storrie is Halton Regional Police Service's Psychologist, and has provided consultation services to York, Peel, Waterloo, and Niagara regional police, Cambridge Fire, and Toronto Fire Services, amongst others. She is a featured expert in the Canadian Police Knowledge Network's Suicide Prevention and Awareness training program. Dr. Storrie is a founding partner of Storrie, Velikonja & Associates (SVA), a full-service psychology clinic located in Burlington, Ontario, where she provides assessment and treatment services to members of police, fire, ambulance, and other first responder and public safety services.



## Dr. Lori Gray

Dr. Lori Gray is a clinical, forensic, and rehabilitation psychologist who focuses on the issue of trauma through her work with first responders (e.g., paramedics, firefighters, police officers, dispatchers), victims, and criminal offenders. She is the staff psychologist for one of the largest emergency medical services (EMS) in Canada and provides consultation, crisis support, and education to other emergency services, first responders, and victim services agencies. Her background also includes experiences such as the Centre for Addiction and Mental Health (Psychological Trauma Program and the Law and Mental Health Program), Detroit Receiving Hospital (level one trauma centre in inner city Detroit), Ministry of the Attorney General, Correctional Service of Canada, and postsecondary teaching. She has received the Future Pioneers of Psychology Award from the American Psychological Association, Early Career Achievement Award from the Canadian Psychological Association Traumatic Stress Section, Odyssey Early Career Achievement Award and GLAD Award for Teaching and Mentorship from the University of Windsor, and other awards from agencies such as the International Society for Traumatic Stress Studies, Canadian Psychological Association, and Social Sciences and Humanities Research Council of Canada. Dr. Gray has served on advisory boards for the Paramedic Chiefs of Canada and the Paramedic Association of Canada, Chair of the Ontario Psychological Association Disaster Response Network, Board of Directors for the Canadian Fallen Firefighters Foundation, and Board of



## Staff Sergeant Sue Biggs

After graduating with a B.Sc. (Hons) in Psychology, Staff Sergeant Sue Biggs began her policing career in 1989 with the Metropolitan Police Service in London, England where she served for ten years, ending her policing career there in the Tactical Rescue and Public Order Unit. In 1999 Sue immigrated to Canada and joined Halton Regional Police Service in November of that year. Sue spent time in Uniform Patrol, Community Outreach and the Domestic Violence Investigative Unit, continuing her studies to achieve a M.A. in Counselling Psychology. Sue was promoted to the rank of Sergeant in 2010 and at that rank served as a uniform patrol supervisor, Diversity and Equity Coordinator and Community Mobilization manager. During this time Sue was part of a committee that developed the Peer Support Team for all police members in her service and in 2013 she took over as coordinator of this team. In May 2015, Sue was seconded for two months to research the potential for an Organizational Wellness Unit for Halton Regional Police Service. She researched best practice throughout Ontario and all over Canada to develop a mental health Wellness model best suited to the specific needs of her police service. In her research and development of the program, Sue worked very closely with Dr. Jane Storrie in order to ensure the psychological components of the program were accurate and most effective. The Wellness model was approved by the Police Services Board, and in November 2015 Sue was promoted to the rank of Staff Sergeant and was transferred to the newly created Organizational Wellness Unit. Now that the unit is established, Sue recognizes that the hard work of developing policy, process and most importantly, raising education to reduce stigma has just begun!



## John Bredin

John began his work in Trauma in 1999 with Muskoka Victim Services. Presently, John is involved in many Trauma and Crisis organizations provincially, nationally and internationally. From 2008 to 2013 he worked with Muskoka Parry Sound Community Mental Health as a crisis worker. John is the Ontario region CCISM trainer for Corrections Canada and proudly leads the BCI Institutional team and a longtime member of the Georgian Team. He is ICISF trained in numerous CISM themes and an approved instructor, speaking and facilitating training on CISM in Correctional Services Canada and at numerous conferences in Canada and the USA. John is also trained in NOVA, R2MR (trainer) and MANERS crisis intervention models. He has delivered CISM services both in the prison environment and in our communities. John has worked with CSC for 19 years and is presently a Federal Parole Officer and currently sits on the Board of Directors for CCISF.



## John Hay

John has spent 33 years with Thunder Bay Fire Rescue; 22 years in Suppression; 2 years as Director Training; 9 years as Fire Chief and 11 concurrent years as Paramedic. His specialties include Haz Mat Technician, Transportation of Dangerous Goods, Urban Search and Rescue, Technical Rescue, High Angle Rescue, CBRNE response, Large Scale Disaster Management and Incident Management. He is a Principal on the National Fire Protection Association, -1026 Technical Committee for the Professional Qualifications Standards for Incident Commanders; OFMEM Level 300 Incident Management; Level 4 Incident Commander; Thunder Bay District Mutual Aid Coordinator – OFMEM; Northern Ontario appointee to Fire Marshal's Public Fire Safety Council; Member of the Ministry of Labour's Section 21 Committee for Fire Fighter Safety in the Fire Service; Member of the Ontario Association of Fire Chiefs Board of Directors And Member of the Minister of Community Safety and Corrections Services Technical Table for Fire Safety in Ontario.



## Chris Hood

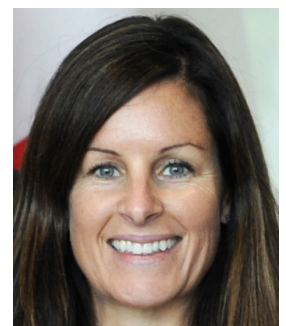
Chris Hood is a graduate of Dalhousie University in Halifax, NS and has been involved in paramedicine since 1986. During that time, he has been a practitioner, an educator, an operational manager, a senior government bureaucrat, and now as a regulator of paramedic practice. Chris is the Executive Director / Registrar of the Paramedic Association of New Brunswick and the President of the Paramedic Association of Canada. His career has taken him from New Brunswick to British Columbia and back. He has been awarded the Governor General EMS Exemplary Services Medal and the Queen Elizabeth II Diamond Jubilee Medal for his work in the paramedic profession.



Chris has been active on a number of paramedic related Local, Provincial, and National Committees including the Canadian Paramedic Profile Steering Committee, the DRDC Paramedic Community of Practice Committee, the Physician Assistants Certification Council of Canada, and the Working Group and Steering Committee for the Accreditation Canada's EMS Standards.

## Beth Milliard

Sergeant Beth Milliard has been a member of York Regional Police since 2002. As the officer in charge of the Peer Support Unit, Sgt. Milliard co-ordinates and implements mental health training and education for York Regional Police members, is responsible for the internal 43 member Peer Support Team, Project Safeguard, liaises and consults with psychologists, and is responsible for the on-going implementation of recommendations from the Ombudsman's Report.



Sgt. Milliard obtained her Bachelor of Arts degree in Political Science & Criminology from the University of Windsor in 1996. She graduated with a Master of Arts in

Leadership from the University of Guelph in 2010. She has been a part-time instructor in the Police Studies Degree Program at Georgian College since 2009.

Recognized as a leader in peer support and Project Safeguard, Sgt Milliard has been asked to present for the following organizations: International Association Chiefs of Police, Ontario Chiefs of Police, Law Enforcement Occupational Safety and Health, National Conference on Peer Support, Canadian Critical Incident Stress Foundation, Police Association of Ontario, Ministry of Labour Summit on Work Related Traumatic Mental Stress, Ontario Psychological

Association, Canadian Association of Police Governance, Ontario Police College and the Canadian Institute Law of Policing.

Sgt Milliard has been asked to consult with many police services on the initial start-up of their peer support teams as well as how to implement a safeguard program to aid in the psychological well-being of police officers.

## Carl Waggett

Carl Waggett has been a full-time firefighter for the past 15 years as well as an Acting Captain for 5 of them. Separated with two children, the 3 of us connected to a 911 fire dispatcher and her two kids. After a close co-worker of mine had ended his life, I removed myself from the front line trucks only to diagnosed with PTSD a short time after. I am learning there are many sides to this brilliant disorder. I simply would like to share my experiences in hopes that others understand that PTSD is more of a winnable battle then you think.

