### **Ontario Psychology Association**

**Target Accomplishments for 2017** 

### **Strategic Direction #1**

The OPA will collaborate with government and others to meet the health and wellness needs of Ontarians through timely and equitable access to psychological services, and for more appropriate use of psychologists and psychological associates.



### **Target Government Relations Accomplishments**

- 1. Establish Psychology Aid Ontario as a charitable foundation that serves the needs of the most vulnerable Ontarians seek private and government funds
- 2. Continue to advocate for a Psychologist in every FHT/CHC
  - Evaluate the role of psychologists within FHTs
  - ➤ Pilot the role as the link the public sector to private psychology practices in Sub-regions within the 14 LHINs
- 3. Continue to seek Prescribing Privileges and the ability to issue Mental Health Forms
- 4. Continue to focus on workplace mental health:
  - WSIB First Responders/Occupational Stress Disorders
  - Cisco for teachers/indigenous communities
  - Best Doctors for short term and long term disabilities
- 5. Continue to work with Legal Aid Ontario and family lawyers regarding Psychologists in the Courthouse.



## **Key Government Relations Tasks**

- 1. Continue to focus attention on the requests made during the Pre-Budget Consultations
- 2. Use the Queen's Park Reception to focus on the bridge between academic psychology, institutional psychology and the breadth of private practice psychology
- 3. Continue to meetings with the Ministers/Government Officials
- 4. Establishment of the Psychology Leadership Council to strengthen the OPA as the home of wisdom and corporate memory
- 5. Strengthen the Planning and Policy Development Committee Structure
  - Establish a mutually supportive partnership with SecPE
  - Support the development of the Auto Insurance Sub-Committee into a Third Party Insurance Sub-Committee – Auto, WSIB, Health Benefits and Disability Insurance
  - > Establish a Primary Care Sub-Committee and/or develop a joint Committee with AFHTO
  - Support the development and functioning of the Journal Clubs



# Committee Oversight

### 1. Planning and Policy Development Committee

- > Dr. Sylvain Roy (Chair)
- Dr. Diana Velikonja
- Dr. Jason Ramsay
- Dr. Jen Boyd
- > Dr. Paulo Pires
- > Jan Kasperski

### 2. Sections and Sub-Committees

- SecPE Dr. Pires
- Auto and Third Party Insurance Sub-Committee Drs. Faith & Ron Kaplan, Jason Ramsay, Lori Gray and Lisa Couperthwaite, Michael Chen, Annette Lorenz.
- Primary Care Committee Dr. Roy and Jan Kasperski
- RxP Sub-Committee Drs. Storrie and Velikonja
- Journal Clubs Dr. Jen Boyd



### **Strategic Direction #2**

The OPA will increase its **profile and reputation** as a source **of reliable information**, guidance, and support with the media, the public and our members.



### Target Communications/Member Services Accomplishments

#### 1. Media presence

- Concentrated efforts to use social media effective workshop on social media/videos
- Editorial Board meetings
- > Develop the Speakers' Bureau

#### 2. Website development

- ➤ Home page upgrade to access most important information easily
- > Page by page review to upgrade current information, identify gaps and upgrade section
- ➤ Enhance the "Find a Psychologist" section

#### 3. Member Recruitment and Retention

- > A membership recruitment video (Who is the OPA and why they do what they do)
- Conduct an annual recruitment outreach to non-members
- Plan a outreach strategy for the Psychological Associates Association and the Behavioural Analysts
- Market the benefits currently available to members
- Continue to seek member benefits

#### 4. Guideline Development

Best Practices in Working with CAS



### **Committee Oversight**

#### 1. Communications and Members Relations Committee

- > Co-Chairs: Drs. Ramsay and Couperthwaite
- > Dr. Catherin Horvath
- > Dr. Richard Amaral
- > Dr. Mary Broga
- ➤ Ms. Jaclyn Ludmer
- Ms. Erika Portt
- Ms. Jan Kasperski
- ➤ Staff support Lara Pocock



### **Strategic Direction #3**

The OPA will meet the life-long learning needs of psychologists by developing, providing, and certifying high quality education programs anchored in research-informed best practices.



### Target CD/Research Accomplishments

- 1. The 70<sup>th</sup> Annual Conference will be an extraordinary success
  - > The workshops and speakers are confirmed by the end of February
  - > Post the Poster Presentations on the website
  - Make posters a focal point at the Queen's Park Reception and the Conference
- 2. Plan and execute a monthly in person or video workshop
- 3. Develop new guidelines (CAS Guidelines) and review previous ones Conduct visits to the Universities
- 4. Market the OPA accreditation program
- 5. Establish the website as a member benefit that supports members to keep track of their CPD Credits



# Responsible Committee Oversight

#### 1. Continuing Education & Research Committee

- Co-Chairs: Drs. Pires and Horner
- > Dr. Catherine Horvath
- April Basciano
- Jason Bloom
- Simon Levey
- Staff support: Lara Pocock

#### Convention Sub-Committee

- Chair: Jan Kasperski
- Members The Board
- > Staff support: Lara Pocock

#### 3. CAS Guideline Working Group

- Chair: Catherine Horvath
- Staff Support: Jan Kasperski

**Aranda Wingsiong** 

Swela Baski

Mirrisse Foroughe

Erin Romanchych



### **Strategic Direction #4**

The OPA will endeavor to be a highly regarded organization that is competent, nimble, and ethically and fiscally responsible.



# Target Accomplishments #4

- The Board operates according to the principles of good governance.
- The OPA is operationally and fiscally sound.
- The OPA has effective two-way communication systems in place ensuring that we are "in the know" and capable of anticipating and responding to legislative changes, various challenges, and to opportunities.
- The OPA will have raised the morale of our members by having tabulated our past successes and especially our accomplishments between 2014 and 2017 so that we are well prepared to celebrated our 70th Anniversary in 2017.



# Target Governance/Operational Accomplishments

- 1. Focus on resolving the Civil Lawsuit
- 2. Recruit new board members and ensure that they are properly orientated the nomination
- 3. Address staff roles and address the need for succession planning
- 4. Seek government and private sector funding
- 5. Update the policy and Procedure Manual



### **Committee Oversight**

#### 1. Audit and Finance Committee

Chair: Dr. Jason Ramsay

Members: The Board

> Staff Support: Jan Kasperski

### 2. Governance/Nominations Committee

Chair: Dr. Diana Velikonja

Members: The Board

Staff Support: Jan Kasperski

