Job Description



Job Title: Clinical Psychologist

Department: Counselling Services

Reports To: Manager, Counselling Services

Jobs Reporting: Click here to enter text (please enter job titles, not incumbent names)

Salary Grade: USG 10-13

Effective Date: May 2017

Primary Purpose

Reports to a Manager, Counselling Services. Works within a multidisciplinary health care team consisting of other psychologists, counsellors, physicians, nurses, psychiatrists, health educator, allied health professionals and other academic support personnel. The Clinical Psychologist (CP) provides Psychotherapy, Psychodiagnostic and Psychoeducational assessment.

Kev Accountabilities

List the major responsibilities of the job, divided into 3 to 5 broad categories. These should reflect 80 - 90% of "what" the job does not the "how". Insert a category heading and in bullet form below, state specific responsibilities.

Psychotherapy

- The provision of psychotherapy interventions includes evaluation and diagnosis of cognitive, intellectual and neuropsychological conditions; mood and anxiety disorders; psychotic disorders; eating disorders; sleep disorders; sexual and gender identity disorders; substance and addiction-related disorders; adjustment disorders, personality disorders and others.
- Psychological assessment/intervention is provided for a full range of personal concerns, distresses, and objectives. Working from a short-term brief therapy model along with a behavioural health perspective, the expectation is that most clients can be assisted within a limited number of meetings.
- In conjunction with the growth in client demand, parents, community professionals, University personnel, and others are becoming increasingly involved in client matters. The CP must field these sometimes-delicate interactions and ensure that a consistent approach be maintained that balances confidentiality with client welfare and community safety.
- CP provides supervision in psychological assessment and intervention for psychology residents, psychologists on the College of Psychologists Temporary Register and others within the Service.
- Consultation with other members of the client's treatment team including other psychologists, counsellors, psychiatrists, physicians, nurses, and other members of the interdisciplinary team.

Psychodiagnostic and Psychoeducational Assessment

- The CP is responsible for clinical and administrative facets of psychological assessment and intervention services within the portfolio of Counselling Services: conducting a variety of psychological assessments and interventions in both individual and group formats; report writing; formulating diagnosis and treatment plans; providing feedback to clients and referral sources, and facilitating on and off campus referrals.
- The provision of psychological assessment services includes evaluation and diagnosis of cognitive, intellectual and neuropsychological conditions, mood and anxiety disorders, psychotic disorders, eating disorders, sleep disorders, sexual and gender identity disorders,

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substance and addiction-related disorders, adjustment disorders, personality disorders, and others.

Multi-Disciplinary Team Member

- As part of a multi-disciplinary team member, the CP attends interdisciplinary team meetings, department meetings, Campus Wellness meetings, and other meetings as requested or directed by their Manager in Counselling Services.
- Meets regularly with the other staff in Counselling Services to discuss work distribution, waiting lists, client feedback, case management and other pertinent issues.

Required Qualifications

If hiring today, what would be the required education, experience, knowledge, skills and abilities?

Education

PhD or PhD candidate eligible for registration as a clinical psychologist with the College of Psychologists of Ontario (adult population competency required; additional competencies with children and adolescent population an asset). Carries appropriate liability insurance as outlined by the College of Psychologists of Ontario.

Experience

Scope of practice must include clinical work with adolescent and young adult population. Demonstrated experience conducting and interpreting psycho-diagnostic and psycho educational assessments. Proven experience in assessment, diagnosis and treatment of psychiatric diagnoses including the spectrum of clinical depression, anxiety disorders, and personality disorders etc.

Knowledge/Skills/Abilities

Demonstrated skill and effectiveness in the application of a broad spectrum of psychological interventions/therapies especially Cognitive Behaviour Therapy, Dialectical Behaviour Therapy and expertise in behavioural health. Excellent interpersonal, communication (oral and written) and organizational skills. Demonstrated initiative and strong skills in problem-solving and decision-making. Proven ability to work effectively with a multi-disciplinary team.

Nature and Scope

- **Contacts**: Collaboration with AccessAbility Services, Athletics & Recreation, Centre for Career Action, Co-op Education, Health Services, Human Resources, Police Services, Registrar's Offices, Student Success Office.
- Level of Responsibility: This role is responsible and accountable to a Manager of Counselling Services in the development and execution of psychological services including psychotherapy and psychological assessment.
- **Decision-Making Authority:** The CP performs her/his duties conscientiously and responsibly, adheres to high personal standards of behaviour with students, colleagues, members of the University community and clients of the University, and in a manner consistent with the ethics of her/his profession.

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- Physical and Sensory Demands: Minimal demands typical of a clinical and administrative position operating within an office environment.
- Working Environment: The position is exposed to stress and pressure associated with clinical and administrative responsibilities. It involves moderate psychological risk resulting from difficult and unavoidable exposure to disagreeable and uncomfortable environmental and psychological conditions. The position involves the stresses associated with an on-call system, multiple and/or tight deadlines beyond one's control, and constant interruptions. There will be unusual hours and schedules including evening hours and participation in an on-call system.